

PSIA Intermountain Level III Ski Assessment



Name of Candidate:

Date		Examiner	Email/Phone
Location		Examiner	Email/Phone
HIGHLIGHTED FUNDAMENTALS (Candidates must score 4 or better in four fundamentals and 3 or better in the fifth)			Score Describers
1. Control relationship of the COM to base of support along the length of the skis Task:		1: Essential Elements were not observed	
2. Control pressure from ski to ski and direct pressure toward the outside ski Task:		2: Essential elements are beginning to appear	
3. Control edge angles through a combination of inclination and angulation Task:		3: Essential elements appear but not with consistency	
4. Control the skis' rotation (turning, pivoting, steering) with leg rotation, separate from the upper body Task:		4: Essential elements appear regularly at a satisfactory level	
5. Regulate the magnitude of pressure created through ski/snow interaction Task:		5: Essential elements appear frequently above required level	
		6: Essential elements appear continuously at a superior level	
			Comments
APPLICATION OF FUNDAMENTALS (Candidates must score 4 or better in four tasks and 3 or better in the fifth)			Comments
Basic Applied Skiing Tasks			
1. Basic Parallel - Blue groomed terrain			
2. Medium/Long Radius Dynamic Turns - Blue to black groomed terrain			Comments
Advanced Applied Skiing Tasks			
3. Short Radius Dynamic Turns - Blue to black groomed terrain			
4. Moguls - Black terrain			
5. Dynamic Free Ski - Black or double black un-groomed terrain			
VERSATILITY ELEMENTS - Scores are derived from the skier's performance in the 5 tasks in the Application of Fundamentals category (Candidates must score 4 or better in three categories and 3 or better in the fourth)			Comments
Environment	Accurately blends and applies fundamentals to all terrain and conditions		
Speed	Maintains control at expert speeds accurately blending the skills to accomplish the required tasks while adjusting turn shape in all terrain and situations		
Accuracy	Consistency - Fundamentals are refined in all tasks, blended through all turn phases and from turn to turn, producing dynamic, rhythmic turns in all conditions and situations		
	Adaptability - Ability to vary rate and timing and blend all fundamentals on demand with regard to tactical considerations for any defined performance outcome		
PERFORMANCE MEETS STANDARDS:		PERFORMANCE DOES NOT MEET STANDARDS:	