

# PSIA Intermountain Adaptive Skiing Certification Process

## Level 1

1. **Become a member of PSIA (membership available from the [psia-i.org](http://psia-i.org) homepage).**
2. **Attend a one-day Teaching Prep Clinic.**
3. **Complete the *Level 1 Take Home Exam* covering all three modules and bring with you to the exam event.**
4. **Attend two-day, on-snow exam**  
Day 1- *Functional Skiing Skill* on green and groomed blues  
Day 2- *Teaching* in **VI/COG** to a beginning intermediate level

## Level 2

1. **Obtain Adaptive Level 1 Certification**
2. **Attend a one-day Teaching Prep Clinic**
3. **Attend two-day, on-snow exam.**  
Day 1- *Functional Skiing Skill* on Blue to entry level Black in groomed and un-groomed conditions  
Day 2- *Teaching* cover **Mono/Bi** and **3/4 Track** up to an upper intermediate level
4. You will be asked to demo tethering of a fixed outrigger bi ski on easy blue terrain.
5. On the teaching exam day you will take an open book, timed, written exam covering all six disciplines.

## Level 3

1. **Obtain Adaptive Level 2 Certification**
2. **Attend a one-day Teaching Prep Clinic**
3. **Attend three day, on snow exam**  
Day 1- *Functional Skiing Skills* on All terrain and all conditions  
Day 2/3- *Teaching All Disciplines* at all levels will be covered
4. You will take a closed book, timed, written exam covering all six disciplines a teaching exam day.
5. You will be asked to demonstrate your ability to ski basic skills independently in mono or bi ski at a beginner level.

## Notes:

1. All teaching exams will include chair lift interviews to assess general knowledge in equipment, disabilities and teaching techniques.
2. Refer to National Standards for specific skills and assessment details. Available on [psia-i.org](http://psia-i.org) adaptive section.
3. Outcomes of the exams will be discussed with the attendees on the last day of the exam process.

## Study Materials

**Suggested Reading (available through the PSIA-I bookstore online or call office for purchase)**

Adaptive National Standards

Adaptive Snowsports Instruction Manual (no longer available for purchase, available online at [www.thesnowpros.org](http://www.thesnowpros.org))

Core Concepts

Alpine Technical Manual

Alpine (adult) Handbook- Vail publication

Movement Analysis Pocket Guide

Tactics for All Mountain Skiing

Alpine Stepping Stones Pocket Guide

Cues to Effective/Ineffective Teaching Cards

**For more adaptive study materials, please visit other PSIA division websites:**

Rocky Mountain

[www.psia-rm.org](http://www.psia-rm.org)

Ed Materials/ Adaptive

Western

[www.psia-w.org](http://www.psia-w.org)

Adaptive/Education Materials

Eastern

[www.psia-e.org](http://www.psia-e.org)

Education/ Adaptive Education