

Adaptive Standards by Level

This chart should help you identify what is expected of you at each certification level.

	Level 1	Level 2	Level 3
Student Level	1-3	1-6	1-9
Fixed Outrigger Bi Ski Tethering	Green, Wedge	Easy Blue, Stem Step	Steep Blue, Pivot Slips Independent turners, Reactive skiing
	GOOD	TETHER	MANAGEMENT
Hand Held Bi Ski Tethering	None Required. Interview questions only.	Easy Blue, Speed Control Tether	Harder Blue to Easy Black, Independent Skier
Guiding	Green, 1 position Establishes commands and emergency rules	Blue, 2 positions Establishes commands and emergency rules Teach <i>and</i> Guide	Black, 3 positions Establishes commands and emergency rules Teach <i>and</i> Guide
Behavior Management	Basic BM	Prophylactic BM	Creative BM
Slider	Green	Green with adaptations	N/A
4 Track	Green Basic Outrigger Use	Green, Easy Blues with adaptations Demo 4 Track	Blue/Black Demo 4 Track
Cognitive	Pole/Props/TCT	Physical Assists	Simple instructions for level 7-9 skills
3 Track	Two footed demos	One footed demos	3 Tracking
Bi Ski Knowledge	Knowledge of 2 Types of Bi Skis	Adaptations to Bi Skis Knowledge of more than BIU & MM	Independent Bi Skiing
Mono Ski Knowledge	Knowledge of 2 types of Mono Skis	Knowledge of 3-4 types of Mono Skis	Knowledge of all types of Mono Skis Ski design knowledge
Technical Focus	Beginner Progression	Specific Technical Focus and 3 Step Progression	Skill Blending and 3 Step Progression
Transfers	Demo a safe transfer. Answer questions regarding transfer concerns.	Demo a safe transfer. Answer questions regarding transfer concerns.	Demo a safe transfer. Answer questions regarding transfer concerns.
Equipment Set-Up	Properly set-up equipment.	Properly set-up equipment.	Properly set-up equipment.