



PSIA Intermountain Level 2 Two Day Assessment

Candidate: _____

Location: _____ Date: _____

Examiner 1: _____

Phone: _____

Examiner 2: _____

Phone: _____

Scoring: 1. Not observed 2. Occasionally meets standards 3. Consistently meets standards 4. Occasionally exceeds standards 5. Consistently exceeds standards

Skiing Tasks (used to assess General Characteristics and Skill Proficiency)

<i>Wedge Turns</i>	Green terrain	<i>Free Ski Parallel</i>	Blue to easier Black terrain
<i>Wedge Christie</i>	Green to easier Blue terrain	<i>Moguls</i>	Blue terrain
<i>Basic Parallel</i>	Blue to easier Black terrain	<i>Versatility</i>	Blue terrain
<i>Short Radius</i>	Blue to easier Black terrain	<i>Assigned Task</i>	Green to easier Black terrain

General Characteristics (Level 2 accuracy, application, versatility, tactics)

The following apply to all green, blue and easy black terrain at Intermediate Zone speeds.

The instructor is capable of:

Skiing a variety of turn shapes and sizes	1	2	3	4	5
Linking a series of same size turns with consistent rhythm	1	2	3	4	5
Controlling speed by adjusting turn shape	1	2	3	4	5
Applying appropriate tactics and varying skill application in a variety of conditions	1	2	3	4	5
Varying skill blend in exercises, tasks, and turns, upon request	1	2	3	4	5

Skill Proficiency (Level 2 mastery of basic elements)

Direction of movements, vision, and pole action lead toward the intended direction of travel	1	2	3	4	5
Fore-aft balance is managed over the whole foot with pressure distributed appropriately along the length of the skis.	1	2	3	4	5
Lateral balance and pressure is managed appropriately from outside ski to outside ski through turns (the outside ski bends more than the inside ski)	1	2	3	4	5
Rotational (guiding) movements of both skis originate in the lower body and utilize ski design appropriate to the task	1	2	3	4	5
Progressive increase and decrease of edge angle occurs with both skis as needed.	1	2	3	4	5
Flexion and extension movements are effectively used to manage balance, pressure, and edge release and engagement	1	2	3	4	5

Summary and Feedback

The candidate must score 3 or better in all categories to qualify for Level 2 Skiing.



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Student Assessment & Goal Setting (Video)

Accurate understanding and description of student expectations	1 2 3 4 5
Accurate description of skier's skills	1 2 3 4 5
Accurate identification of relevant student strength(s)	1 2 3 4 5
Defined a clear and relevant lesson goal for the student	1 2 3 4 5
Identified a specific technical focus to help student(s) attain goals.	1 2 3 4 5

Summary and Feedback

On Hill Lesson Plan

Incorporated safety into lesson plan.	1 2 3 4 5
Verbal Communication Skills Communicates information clearly Information introduced in a logical, progressive format Interacts with the group positively and effectively Understands how to set up situations that allow for observation and feedback	1 2 3 4 5
Drills, Activities, Practice Time Makes drills, exercises, and games relevant to goal (effective) Able to connect drills and activities into free skiing Able to incorporate VAK into lesson plan	1 2 3 4 5
Demonstrations Accurate (shows what was stated) Relevant Draws attention to specifics for focus	1 2 3 4 5
Summary Able to provide/facilitate a clear summary of the lesson plan Provides clear direction for student's next step	1 2 3 4 5
Adapts lesson goals and plans to different student profiles Modifies drills, tasks and games for student interests and abilities Incorporates CAP model concepts	1 2 3 4 5

Skiing & Teaching Results

The candidate must score 3 or better in all categories to qualify for Level 2 Certification.

Meets L2 Standards Does not meet L2 Standards