



PSIA Intermountain Level 3 Two Day Assessment

Candidate: _____

Location: _____ Date: _____

Examiner 1: _____

Phone: _____

Examiner 2: _____

Phone: _____

Scoring: 1. Not observed 2. Occasionally meets standards 3. Consistently meets standards 4. Occasionally exceeds standards 5. Consistently exceeds standards

Skiing Tasks (used to assess General Characteristics and Skill Proficiency)

Wedge Turns	Basic Parallel	Short Radius	Moguls	Assigned Tasks
Wedge Christie	Dynamic Parallel	Free Ski Parallel	Versatility	

General Characteristics (Level 3 accuracy, application, versatility, tactics)

The following apply through Advanced Zone speeds and dynamics. *The instructor is capable of:*

Skiing dynamic parallel turns on most terrain in most conditions	1	2	3	4	5
Reducing, generating, or maintaining speed without interrupting flow or rhythm	1	2	3	4	5
Skiing a variety of turn sizes and shapes while applying them to different situations	1	2	3	4	5
Demonstrating different skill blends and movements in exercises, tasks and turns	1	2	3	4	5
Maintaining control over turn shape and speed while skiing most conditions on most terrain on most slopes	1	2	3	4	5
Utilizing proactive movements that anticipate ski reaction and minimize the interruption of rhythm and flow in most situations common to all mountain skiing	1	2	3	4	5

Skill Proficiency (Level 3 mastery of basic elements)

Directional movements, vision, and pole action lead toward the intended direction of travel	1	2	3	4	5
Fore-aft balance is managed over the whole foot with pressure distributed appropriately along the length of the skis.	1	2	3	4	5
Lateral balance and pressure is managed appropriately from outside ski to outside ski through turns (the outside ski bends more than the inside ski)	1	2	3	4	5
Rotational (guiding) movements of both skis originate in the lower body and utilize ski design appropriate to the task	1	2	3	4	5
Progressive increase and decrease of edge angle occurs with both skis as needed.	1	2	3	4	5
Flexion and extension movements are effectively used to manage balance, pressure, and edge release and engagement	1	2	3	4	5

Summary and Feedback

The candidate must score 3 or better in all categories to qualify for Level 3 Skiing.



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Student Assessment & Goal Setting (Observation and interview)

Accurate understanding and incorporation of student expectations	1 2 3 4 5
Accurate assessment of skier's skills	1 2 3 4 5
Accurate identification of relevant student strength(s)	1 2 3 4 5
Developed a clear and relevant lesson goal for the student(s)	1 2 3 4 5
Identified a specific technical focus to help student(s) attain goals.	1 2 3 4 5

On Hill Lesson Plan

Incorporated safety into lesson plan.	1 2 3 4 5
Verbal Communication Skills Communicates information clearly Information introduced in a logical, progressive format Interacts with the group positively and effectively Understands how to set up situations that allow for observation and feedback Directions relevant to goal	1 2 3 4 5
Drills, Activities, Practice Time Makes drills, exercises, and games relevant to goal (effective) Able to connect drills and activities into free skiing Able to incorporate VAK into lesson plan	1 2 3 4 5
Demonstrations Accurate (shows what was stated) Relevant Draws attention to specifics for focus	1 2 3 4 5
Summary Able to provide/facilitate a clear summary of the lesson plan Provides clear direction for student's next step	1 2 3 4 5

Assigned Objective

Student Outcomes	Mechanical Focus	1 2 3 4 5
Terrain Use	Exercises and Drills	

Summary and Feedback

Skiing & Teaching Results

The candidate must score 3 or better in all categories to qualify for Level 3 Certification.

Meets L3 Standards

Does not meet L3 Standards