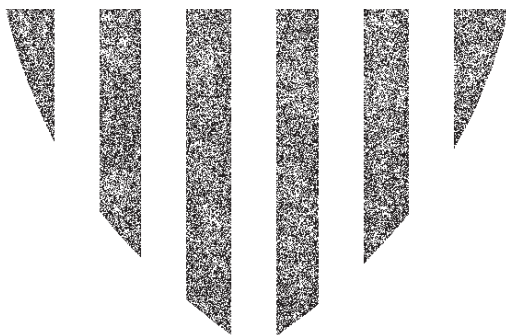


Intermountain Division

Alpine Entry Level Member Guide

2006



PROFESSIONAL SNOWSPORTS INSTRUCTION IN THE INTERMOUNTAIN WEST

Overview

EntryLevelMember

Entry Level is the first stage of membership in PSIA/AASI Intermountain Division. It is designed to introduce new instructors to PSIA-I/AASI-I and while providing the opportunity to participate in PSIA/AASI educational events.

The Entry Level program covers the history, purpose, benefits, professionalism and teaching philosophies of PSIA-I/AASI.

Entry Level Requirements

Instructors must fulfill the following requirements to become a Entry Level members of PSIA/AASI Intermountain Division and:

- ◆ be 16 years of age.
- ◆ be sponsored
- ◆ complete Entry Level requirements.
- ◆ submit to PSIA-I-I/AASI-I an Entry Level member application with the appropriate dues.
- ◆ entry level members will receive the Division newsletter and publications.

Attaining Entry Level Status

Objectives

By the end of the course, entry level instructors should be able to perform the skills listed in the skiing/riding requirements, identify the Core concepts for teaching and discuss the structure of PSIA/AASI and it's history.

Program Design

Trainers from each area will attend an accreditation clinic that will prepare them to conduct the entry level course. Entry level will cover course material at their home area. Snowsports school staff who conduct training for new instructors must be under the direction of trainers who have attended the PSIA-I/AASI-I Accredited Training Course or divisional training.

PSIA Membership

Candidates completing the entry level requirements should be encouraged to join the Inter-mountain Division.

Hours

PSIA recommends that material presented at Entry level be covered over a period of 20-30 hours. Since most snowsports schools spend 4-8 days training instructors at this level before issuing teaching assignments, PSIA-I suggests that entry level skills and information be covered within that time frame.

Evaluation Sheet

Each member Snowsports school is authorized to complete evaluation sheets for all participants in the entry level course. A trainer who has attended the divisional trainer's clinic must sign and date the training Evaluation sheets. After the entry level course has been completed the Evaluation sheets are submitted to the office with membership dues.

Standards

EntryLevelMember

Standards

Entry Level Member

(recommended training focus and expected competency for 1st year teachers with little experience)

Category A: PSIA-AASI Education

General PSIA-AASI education provides teachers with an overview of snowsports instruction, a brief history of PSIA-AASI, and an introduction to the professional aspect of teaching snowsports. Entry level members will be expected to recall and comprehend basic information about the aspects of ski teaching and the ski industry listed below.

The instructor will be able to ...

1. Introduction to PSIA-AASI
 - a. Recall the history, purpose, and organization of PSIA-AASI
 - b. Identify the vision/mission statement of PSIA-AASI
2. Ski Industry
 - a. Discuss the role of ski instruction within the snowsports industry
 - b. Describe the organization of one's home resort
 - c. Discuss the teamwork aspect of home resort area operations
3. Professionalism
 - a. Discuss the basic principles and philosophies of professionalism
 - b. Discuss specific behaviors of ski instructor professionalism
 - c. Demonstrate professionalism at home resort

Category B: Skiing

Registered level teachers must demonstrate the ability to safely ski terrain common to the Beginner/Novice zone, and to consistently demonstrate fundamental elements of stance and balance in a form that will create understanding and encourage further development. No specific parameters are set for the performance of any maneuvers until Level I certification.

(The term "balance" in the following descriptions references appropriate flex in the joints to keep hips over feet; proper hand and arm position; forward vision; appropriate stance width; and basic movements which facilitate fore-aft and lateral balance)

The instructor will be able to...

1. Demonstrate a balanced athletic stance
2. Demonstrate balance in a straight run
3. Demonstrate balance in a traverse
4. Demonstrate balance in a sideslip
5. Ski wedge turns
6. Ski slow, open parallel turns representative of new skiers on accelerated learning equipment

Category C: Core Concept Education

Core Concept education for Registered teachers explores the personal motivation for teaching, and promotes a teaching style/learning environment guided by emotional involvement. Registered level teachers must demonstrate a clear understanding of risk management and safe class handling with Beginner/Novice zone students. Registered instructors have an awareness of basic physical, mental, and social characteristics of students, especially as related to teaching children.

The instructor will be able to...

1. Core ideals
 - a. Describe their personal motivation for becoming a snowsports teacher
 - b. Describe their own strengths and weaknesses relative to the communication and people skills required to effectively teach snowsports
2. Understanding students
 - a. Demonstrate an awareness of physical, cognitive, and affective development in a variety of student populations
 - b. Demonstrate an awareness of physical, cognitive, and affective development in children of all ages
3. Class Handling and Organization
 - a. Recognize the impact and importance of developing trust in the learning environment
 - b. Manage risks present in the mountain environment in a responsible manner
 - c. Demonstrate an ability to provide individual attention to students in a class
 - d. Provide a Beginner/Novice zone lesson format based on the guidelines of the American Teaching System (ATS) and one's home resort
4. Risk Management
 - a. Recite Your Responsibility Code
 - b. Teach Your Responsibility Code to students at one's home resort
 - c. Practice class handling that demonstrates appropriate decision-making based upon risk management principles
5. Customer Service
 - a. Identify key elements of a student-centered and experience-oriented approach to teaching
 - b. Relate various customer services at one's home resort to ski school students
 - c. Demonstrate customer-oriented behaviors that create relationships with guests and students

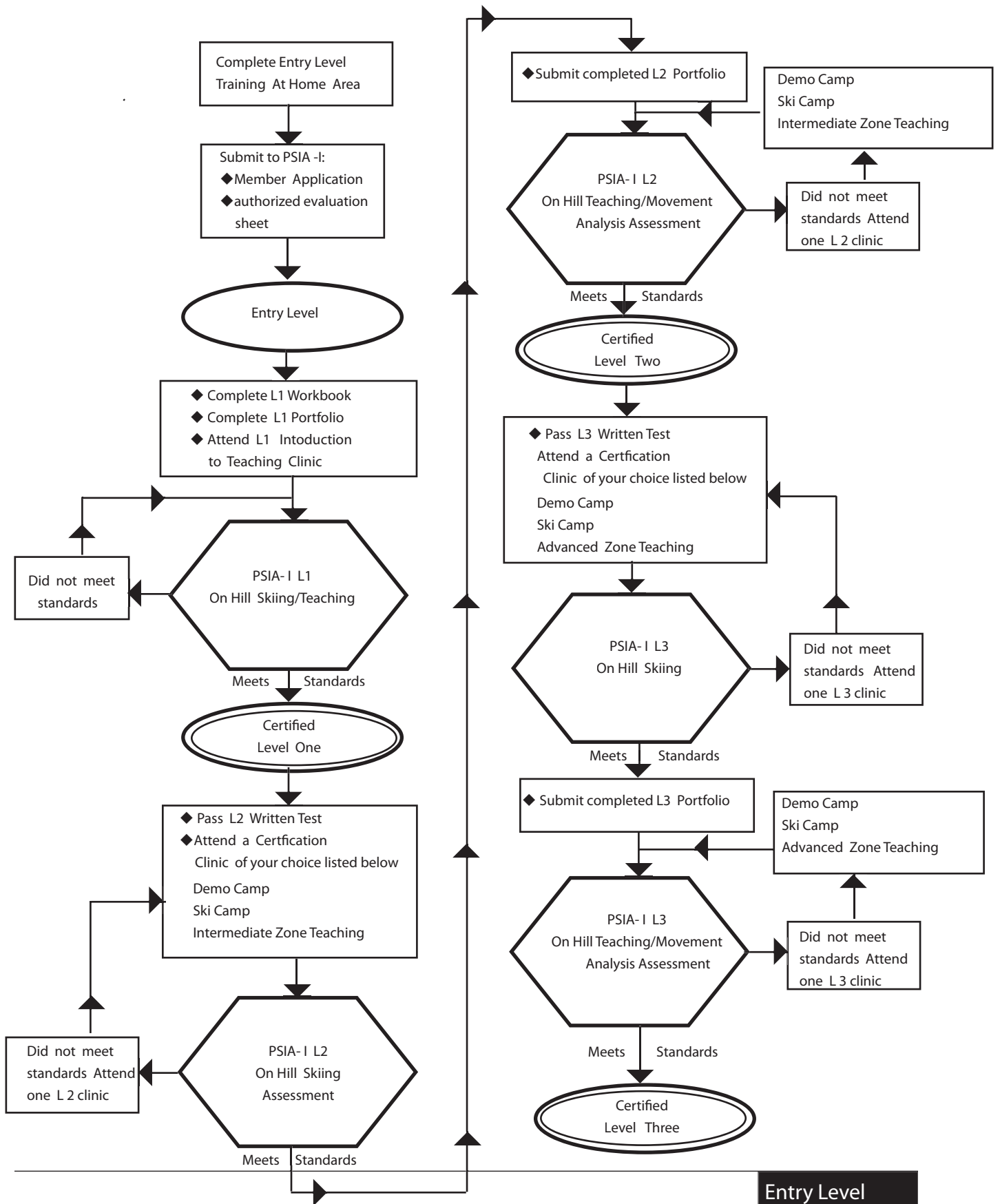
Category D: Alpine Technical Education

The level of proficiency required of Registered level teachers is defined by a general awareness of basic alpine technical issues, and an ability to demonstrate typical movements and tasks of Beginner/Novice zone skiing.

The instructor will be able to...

1. Skills Concept
 - a. Identify and define the four categories of skills
2. Phases of the turn
 - a. Identify the three phases of a turn
 - b. Identify dominant movements and skill areas during a turn typical of a student in the Beginner/Novice zone
3. Equipment
 - a. Characterize the type of rental equipment most often seen at the home resort
 - b. Describe proper fit of boots, ways to check the fit of students' boots, and methods of adjustment in fit
 - c. Describe proper ski lengths for Beginner/Novice zone students
 - d. List required clothing and safety items
4. Movement Analysis
 - a. Recognize basic aspects of proper stance and sliding balance
 - b. List activities which highlight specific movements relative to chosen categories of the skills concept
5. Stepping Stones
 - a. Identify the basic principle of the stepping stones
 - b. Describe the teaching progression favored at one's home resort for teaching first-time skiers

PSIA/AASI Intermountain Alpine Certification Flow Chart



PSIA-I Entry Level Evaluation Sheet

Name: _____ Ski school: _____

| Check | Topic |
|--|---|
| | Core ideals |
| | Understanding students |
| | Class handling and organization |
| | Know why and how to consistently maintain a parallel relationship and control speed with turn shape. |
| | Customer service |
| | Skills Concept |
| | Beginner/novice zone |
| History of PSIA/AASI | |
| | History of Ski Instruction |
| | Organization of PSIA and purpose |
| | Role and philosophy of PSIA |
| Skiing | |
| | Demonstrate a balanced athletic stance |
| | Demonstrate balance in a straight run |
| | Demonstrate balance in a traverse |
| | Demonstrate balance in a side-slip |
| | Ski wedge turns with a consistent width of wedge, controlling speed through turn shape. |
| | Ski wedge christie turns with a emphasis on a wedge turn skills at initiation by tipping and guiding the inside foot and leg. |
| | Ski open parallel turns maintaining a parallel relationship, controlling speed with turn shape. |
| <p>(PSIA-I/AASI-I and PSIA/AASI-I recommend a minimum 20 hours of training to complete the above requirements for Entry Level.)</p> <p>I certify that the above individual has completed all the indicated requirements of the PSIA Intermountain Entry Level Clinic and that these requirements were conducted under the direction of a PSIA-I approved Entry Level Trainer.</p> <p>Trainers Signature: _____ Date: _____</p> | |

Entry Level