



Alpine Clinic Descriptions

as of: February 13, 2008

To sign up use the "Event Signup Form" found on the homepage of www.psia-i.com.

Demo Camp (\$55.00)

This is much more than a demo, after all, who wants to do demos all day? Demo Camp focuses on the National Standards - movements that make up good skiing. This is a skiing and mechanics improvement clinic with the focus leaning toward applying effective movements to demonstrations. There will be plenty of structured free skiing and possibly some tasks or drills. A member must be at least Level I Alpine Certified to attend. This clinic can be applied as certification prep clinic to the Level II and III assessments.

Ski Camp (\$55.00)

Ski Camp focuses on the National Standards that make up good skiing. The focus in this clinic though is less on demonstrations and more on tasks, conditions, self-assessment drills, and synchronized and free skiing. Self-assessment drills will focus on the specific movements that comprise effective skiing in more types of conditions, situations and terrain. A member must be at least Level I Alpine Certified to attend. This clinic can be applied as certification prep clinic prior to the Level II and III Skiing or Teaching assessments.

Versatility Camp (\$55.00)

This is an all-mountain, high-level training camp for Alpine Level III members only. The clinic will explore advanced movements options available to skiers in various conditions and situations on the mountain. This will be a high-energy clinic with a little bit of coaching and a lot of skiing.

Intermediate Zone Movements (\$55.00)

For members who would like to deepen their understanding of mechanics and movement analysis in the Intermediate Zone, this clinic will focus on the processes an instructor may go through to help understand movements in the Intermediate Zone. A member must be at least Level I Alpine Certified to attend. This clinic may be applied as a certification prep clinic prior to the Level II Skiing or Teaching assessments.

Intermediate Zone Teaching (\$55.00)

This clinic specializes in building relationships, developing trust, and enhancing communication skills. This is really about the student/teacher relationship and the learning/teaching cycles that generate effective ski lessons in the Intermediate Zone. A member must be at least Level I Alpine certified to attend. This clinic may be applied as a certification prep clinic prior to the Level II Skiing or Teaching assessments.



Advanced zone movements (\$55.00)

This clinic helps professionals accurately identify and communicate the key features of alpine skiing, as they relate to the National Standards. From observational strategies to movement analysis, participants will explore various concepts to amplify their understanding of advanced zone movements in the Advanced Zone. A member must be at least Level II Alpine Certified to attend. This clinic may be applied as a certification prep clinic prior to Level III Skiing or Teaching assessments.

Advanced Zone Teaching (\$55.00)

This clinic will help improve the ski professional's communication of high-level concepts in the Advanced Zone. It will also explore how assessing movements, working the learning environment and other elements can develop trust in the student/teacher relationship in the Advanced Zone. You must be at least Level II Alpine Certified to attend. This clinic qualifies as a certification prep clinic prior to the Level III Skiing or Teaching assessments.

Accredited Trainer (\$55.00)

This is a new accreditation currently available to our Alpine Level III members. There will be three days of intense training ranging from personal skiing to National Standards and giving feedback to developing trust at high levels. The candidate must meet a minimum standard to receive the accreditation. All candidates who meet the standard will, prior to receiving the Accredited Trainer status, audit a Level III Teaching assessment to deepen their understanding of the National Standards and Intermountain Division's assessment process.

Big Mtn. Skiing (\$55.00)

This is two days of skiing: 1 at Alta and 1 at Snowbird. This is an opportunity to focus on the excitement of high intensity, off-piste skiing. This clinic will take place on the expert off-piste terrain of Alta and Snowbird. Big Mountain skiing requires the unique ability to responsibly assess conditions/terrain, spontaneously adapt skills to a wide variety of natural conditions and strives for a creative/efficient outcome. Through the use of video analysis, one on one coaching and lots of skiing, this clinic will provide tools to ski instructors looking to improve their own off-piste game and that of their clients.

*Participants should be motivated to learn about skiing, improve their performance and ski hard.

** In order to get the most out of this experience, participants are encouraged to submit a brief personal skiing history, a goals statement and any additional clinic expectations to the clinic leaders.



Intro to Park & Pipe (\$55.00)

No experience required. Come to Park City and learn the basics of park and pipe riding: intro to jumping (approach, take off and landing), intro to riding fun boxes and intro to pipe turns. We use the beginner/intermediate features at PCMR.

Cat Skiing (\$55.00)

Powder Mountain's version of Cat skiing is pretty funky and worth checking out. Get hauled up a hill by a cat while holding on to a rope. The terrain is super cool and very similar to backcountry skiing conditions.

Steeps Camp (\$55.00)

Two days of skiing at Jackson Hole. Ski with a seasoned steep skiing clinic leader, see JH's adventurous terrain and get a some coaching on steep skiing tactics & techniques.

Ski Improvement Clinic (\$55.00)

Just like the name sounds. You will ski conditions of the day with emphasis on personal skill improvement. By days end, you will have specifics you can take home to continue to practice. This is a clinic to repeat. With ever changing conditions, groups, and DECL's this will always be a novel and exciting clinic.