

# PSIA Intermountain Adaptive Skiing Certification Process

## Level 1

1. **Become a member of PSIA (membership available from the psia-i.org homepage).**
2. **Read and Complete the PSIA New Instructor Guide.**
3. **Take an adaptive exam training though you're home or other program. If you do not have access to this please contact discipline manager 307-690-4774**
4. **Complete the *Level 1 Take Home Exam* covering all three modules and bring with you to the exam event.**
5. **Attend two-day, on-snow exam**  
Day 1- *Functional Skiing Skill* on green and groomed blues  
Day 2- *Teaching in VI/COG* to a beginning Intermediate level

## Level 2

1. **Obtain Adaptive Level 1 Certification**
2. **Attend a one-day PSIA Adaptive Exam Prep Clinic**
3. **Attend two-day, on-snow exam.**  
Day 1- *Functional Skiing Skill* on Blue to entry level Black in groomed and ungroomed conditions  
Day 2- *Teaching* cover **Mono/Bi** and **3/4 Track** up to an upper intermediate level
4. You will be asked to demo tethering of a fixed outrigger bi ski on easy blue terrain.
5. On the Teaching exam day you will take an open book, timed, written exam covering all six disciplines.

## Level 3

1. **Obtain Adaptive Level 2 Certification**
2. **Attend a one-day PSIA Adaptive Exam Prep Clinic**
3. **Attend three day, on snow exam**
4. Day 1- *Functional Skiing Skills* on All terrain and all conditions  
Day 2/3- *Teaching All Disciplines* at all levels will be covered
5. You will take a closed book, timed, written exam covering all six disciplines a teaching exam day.
6. You will be asked to demonstrate your ability to ski basic skills independently in mono or bi ski at a beginner level.

## Notes:

1. **All teaching exams will include chair lift interviews to assess general knowledge in equipment, disabilities and teaching techniques.**
2. **Refer to National Standards for specific skills and assessment details. Available on psia-i.org adaptive section.**
3. **Outcomes of the exams will be discussed with the attendees on the last day of the exam process.**

## Study Materials

**Suggested Reading (available through the PSIA-I bookstore online or call office for purchase)**

Adaptive National Standards

Adaptive Snowsports Instruction Manual (no longer available for purchase, available online at [www.thesnowpros.org](http://www.thesnowpros.org))

Core Concepts

Alpine Technical Manual

Alpine (adult) Handbook- Vail publication

Movement Analysis Pocket Guide

Tactics for All Mountain Skiing

Alpine Stepping Stones Pocket Guide

Cues to Effective/Ineffective Teaching Cards

**For more adaptive study materials, please visit other PSIA division websites:**

Rocky Mountain

[www.psia-rm.org](http://www.psia-rm.org)

Ed Materials/ Adaptive

Western

[www.psia-w.org](http://www.psia-w.org)

Adaptive/Education Materials

Eastern

[www.psia-e.org](http://www.psia-e.org)

Education/ Adaptive Education