Adaptive Skiing Certification Process

Level 1:

1. Become or be a current member of PSIA (membership available from the psia-i.org homepage)
2. Complete the New Snow Sports Instructor Guide if you have not done Alpine 1 Certification bring to exam.
3. Complete the Adaptive Level 1 Take Home workbook covering all three modules and bring to the exam event.
4. Attend two-day, on-snow exam
   - Day 1 - Functional Skiing Task/Skills related to Adaptive Teaching and Adaptive Teaching/Student Assessments
   - Day 2- Teaching people with Cognitive/Developmental Impairments and Guiding skiers with Visual Impairments
5. Highly suggested but not required before taking Adaptive 1: Take in-house Adaptive teaching Clinics through your local program. Obtain Level 1 Alpine or Child's Specialist Certifications

Level 2:

1. Obtain Adaptive Level 1 Adaptive Certification and be a current PSIA member and current Instructor at a snowsports program within the last two years
2. Attend two-day, on-snow exam.
   - Day 1 - Functional Skiing Tasks/Skills Related to Adaptive Teaching
   - Tethering Bi Skis on Blue Groomed Terrain
   - Sit Ski Fitting/setup
   - Day 2 - Teaching Three Track, Mono and Four Track Skiing
3. At the end of day one you will take a timed, written exam covering all six disciplines.
4. Highly suggested but not required before taking Adaptive 2: Attend Alpine Functional Skiing Clinics, Obtain Alpine Level 1 or 2 certification,

Level 3:

1. Obtain Adaptive Level 2 Certification and be a current PSIA member and current Instructor at a snowsports program within the last two years.
2. Attend three day, on snow exam
   - Day 1 - Functional Skiing Skills on All terrain and all conditions
   - Day 3 - Teaching All Disciplines at all levels will be covered
3. You will take a closed book, timed, written exam covering all six disciplines.
4. You will be asked to demonstrate your ability to ski basic skills independently in mono or bi ski at a beginner level. Independent loading is not required.

Notes:

1. All teaching exams will include chair lift interviews to assess general knowledge in equipment, disabilities and teaching techniques.
2. Refer to National Standards for specific skills and assessment details. Available on psia-i.org adaptive section.
3. Outcomes of the exams will be discussed with the attendees on the last day of the exam process.
Study Materials

Suggested Reading:

(Available on PSIA-I Adaptive web page)
Adaptive National Standards
Fundamental Mechanics of Alpine Skiing Across Adaptive Disciplines

(Manuals available through the PSIA-I bookstore online)
Adaptive Alpine Snowsports Instruction Manual
Core Concepts for Snowsports Instructors
Alpine Technical Manual
Adult Alpine Teaching Handbook
Alpine Stepping Stones Pocket Guide
Children's Alpine Teaching Handbook
Cues to Effective/Ineffective Teaching Cards
Much More

For more adaptive study materials, visit other PSIA division websites:

National: thesnowpros.org
Central: psia-c.org
Northern Intermountain: psia-ni.org
Rocky Mountain: psia-rm.org
Western: psia-w.org
Eastern: psia-e.org
Northern Rocky Mountain: psia-nrm.org