

PSIA Intermountain Level II Ski Assessment



Name of Candidate: _____

Date	Examiner	Email/Phone	
Location	Examiner	Email/Phone	
HIGHLIGHTED FUNDAMENTALS (Candidates must score 4 or better in four fundamentals and 3 or better in the fifth)			Score Describers
1. Control relationship of the COM to base of support along the length of the skis Task: <input type="checkbox"/>	1: Essential Elements were not observed		
2. Control pressure from ski to ski and direct pressure toward the outside ski Task: <input type="checkbox"/>	2: Essential elements are beginning to appear		
3. Control edge angles through a combination of inclination and angulation Task: <input type="checkbox"/>	3: Essential elements appear but not with consistency		
4. Control the skis rotation (turning, pivoting, steering) with leg rotation, separate from the upper body Task: <input type="checkbox"/>	4: Essential elements appear regularly at a satisfactory level		
5. Regulate the magnitude of pressure created through ski/snow interaction Task: <input type="checkbox"/>	5: Essential elements appear frequently above required level		
			6: Essential elements appear continuously at a superior level
			Comments
APPLICATION OF FUNDAMENTALS (Candidates must score 4 or better in four tasks and 3 or better in the fifth)			Comments
Basic Applied Skiing Tasks: Wedge Turns, Wedge Christie, & Basic Parallel (Examiners will choose two out of the three)			
1. <input type="checkbox"/>			
2. <input type="checkbox"/>			
Advanced Applied Skiing Tasks			Comments
3. Short Turns - Blue to easy black groomed runs <input type="checkbox"/>			
4. Moguls - Blue to easy black runs <input type="checkbox"/>			
5. Free Ski Parallel - Blue to easy black runs groomed or ungroomed conditions <input type="checkbox"/>			
VERSATILITY ELEMENTS - Scores are derived from the skier's performance in the 5 tasks in the Application of Fundamentals category (Candidates must score 4 or better in three categories and 3 or better in the fourth)			Comments
Environment	Accurately blends and applies fundamentals to all blue and groomed black terrain	<input type="checkbox"/>	
Speed	Skis in control using a consistent round turn shape at advanced zone speeds	<input type="checkbox"/>	
Accuracy	Consistency - Fundamentals are consistently present through all tasks and all phases of a parallel turn, and through a series of rhythmic and controlled turns	<input type="checkbox"/>	
	Adaptability - Ability to vary rate and timing of multiple fundamentals to adapt ski performance outcomes as defined by the task or situation	<input type="checkbox"/>	
PERFORMANCE MEETS STANDARDS: <input type="checkbox"/>			PERFORMANCE DOES NOT MEET STANDARDS: <input type="checkbox"/>