CS 1 Course Format   **Revised Dec 5, 2022**

<u>Day 1: Exploring Fundamental CS Concepts</u>

Part 1: Review of key CS concepts to help participants thrive when teaching children while assessing certain aspects of their knowledge base:
- CS Learning Connection Model
- *What makes CS different?*
- The CAP Model – *Cognitive, Affective, Physical domains*
    - *Physical growth and Psychomotor development*
    - *Cognitive Development and Information Processing*
    - *Affective Behaviors and Beliefs*

Part 2: An interactive exercise - The Parent/Child/Instructor Partnership – *"Our students"*
    Communication with Parent and Child
    Determine Goals
    Parent/Child/Instructor Situations

Part 3: Movement Analysis: Participants will be assigned a video for this portion. Clinicians will provide a MA Worksheet and a demo on how to properly execute Movement Analysis with Children. Clinician will decide if this is better served as an individual or group activity

    Motor Skill Development
    Understanding of Biomechanics
    Equipment Options
    Prescription

NOTE: Participants may be assigned homework after Day 1 to better prepare for Day 2.

<u>Day 2: Teaching Presentations:</u> *"Bringing It All Into A Lesson"*

This is the assessment portion of the event where participants will present developmentally-appropriate teaching assignments in a peer group setting. Participants will:
- Demonstrate their understanding of fundamental CS concepts
- Present children's lesson activities/progressions in a developmentally-appropriate manner through the intermediate zone
- Actively participate in all group discussions

20 minute Teaching Presentation will assess these Teaching and People Skills:
    Communicating at Cognitive level of Children
    Terrain and Skill Choices
    Learning Experiences
    Progressions and Activities
    Physical Risk
    Emotional Risk
    Reflect and Review

A CS1 certificate is awarded if the participant meets the minimum standards for this course as outlined in the CS1 Course Learning Outcomes.