



# PSIA-AASI ADAPTIVE MOVEMENT ANALYSIS FORM

Candidate Name: \_\_\_\_\_ Date: \_\_\_\_\_

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|------------------------|--|---|
| <b>STUDENT PROFILE</b> | <b>OBSERVATION:</b> Observe and describe the application of fundamentals in all turn phases. Include the impacts of tactical decisions, equipment choices, physical development, terrain, and snow variation.                  |   |
|                        | <b>Body Performance</b>  | <b>Ski/Snowboard Performance</b>  |
|                        | <b>EVALUATION:</b> Evaluate and describe the cause-and-effect relationships of fundamentals relative to the desired outcome. Compare described performance to more ideal performance.  |   |
|                        |  |   |
|                        | <b>PRESCRIPTION:</b> Prescribe a specific change, relative to fundamentals, to achieve the desired outcome.  |   |
|                        | <u><b>Candidate are expected to observe and evaluate:</b></u><br>Level I: $\geq 1$ fundamental in all phases<br>Level II: $\geq 2$ fundamentals in all phases,<br>Level III: Multiple fundamentals in all phases, turn to turn | <u><b>Candidates are expected to prescribe:</b></u><br>Level I: Change in 1 fundamental<br>Level II: Change in $\geq 1$ fundamental<br>Level III: Change in multiple fundamentals |