THE ANSTRUCTORS EDGE

Winter 2 09-10 VOLUME 32 NUMBER 3



The Professional Ski Instructors of America
The American Association of Snowboard Instructors

Intermountain

Brighton's

Cross-Training Clinics

How a Basket-making Clinic Helps Instructors Improve

By Harriet Wallis

Brighton Training Director Carolyn Fushimi has a single guiding principle: Learning is learning.

"We don't just embrace teaching skiing and snowboarding, we embrace the learning process," she said. "If we can stimulate learning, we become better teachers," she said.

Furthermore, she continued, those who are willing to learn will enjoy life more fully. Life will never get stale because they'll always look forward to trying new things.

Fushimi applies the "learning is learning" philosophy to the late season Brighton Ski and Snowboard School clinics that are sometimes conducted off the snow. As winter wanes and the crowds drop off, she finds it's a good time to refresh the learning process by offering new concepts rather than con-



Brighton instructor Connie Denton, left, and Brighton Training Director Carolyn Fushimi.

ducting more technical and skill clinics

However, why would anyone choose to have an indoor session on how to make a basket and call it a ski school clinic? Fushimi's answer: Learning is learning.

Brighton instructor, Connie Denton, who's also a professional basket maker and basket instructor, conducted such a clinic. She presented the instructors in the clinic with a pile of special pine needles favored in basketry, and she taught them how to create a little basket in one lesson. The instructors were skeptical and wary at first because they'd never handled such pine needles, and they didn't

know what to do with them. After all, they were ski and snowboard instructor, not basket-makers. But the excitement grew as the clinic rolled along. Instructors enjoyed seeing their tiny baskets taking shape.

"We were awkward and clumsy," said Fushimi, who participated in the clinic. "We poked our fingers, we missed stitches and we made mistakes, but by the end each of us had made a basket."

A young male snowboard instructor was so proud of his basket he gave it to his girlfriend. Others showed off their baskets to friends. They savored learning something new.

continued on 14



Sun Valley!	Alpine Squad Adds Two10 Development squad results
Hurt on the Hill 7	Low-Snow Learning 13

The price we pay to have fun Make the most of any condition





President's Message

By Christine Katzenberger, PSIA-I AASI-I President

The holidays were fast and furious and now we are nearly half way through the season. I hope all of you enjoyed the business and now have a chance to ease into the next series of holidays.

Recently I got the Northwest Snowsports Instructor Winter 2009 magazine. An article by Ed Younglove, a past PSIA/AASI–NW President and current PSIA/AASI–NW National Representative and Alpine DCL, enticed me to write this piece. Ed focused on two goals/strategies that came from the National Educational Advisory Council, a committee of the American Snowsports Education Association (ASEA). ASEA is the parent organization of PSIA and AASI.

Two of the goals he focused on were development of a quality assurance system to uphold our high standards, and the implementation of a leadership development program to ensure a broad pool of volunteers that will generate exciting ideas and energy to create new products, programs and services.

Get Involved

Board elections are right around the corner. If you know someone in your region that speaks your language and would volunteer their time for three Board meetings a year for three years, encourage them to run. The geographic area's that are open at this time are Region III (Snowbasin, Wolf Mtn., and Powder Mtn.), Region IV (Brianhead) and three (3) Members at Large

Keep in mind that if running for the Board may be too much of a commitment your vote is just as important. Be sure to fill out the forms correctly so that votes can be counted and not discarded which unfortunately happens more than you think.

Other opportunities lie in getting involved with the newly revived Snowsport Instructor Representative Committee (SIRC) that Scotty McGee has written about in past issues of the Edge. To date we should have at least two members from each snowsports school who will bring issues to the Board that directly affect you.

Provide Us Feedback

Feedback is how anyone or anything gets better. It is helpful to have suggestions to things you'd like to see changed or improved. Fill out evaluation forms at the events you participate in and let us know what you think. Occasionally we have evaluations that ask for "free beer" when it would serve us better to know what you liked and didn't like and how we can provide a better program. Send us an email or note if you have ideas. Feedback is the most important aspect of any quality assurance program.

Ed pointed out that their new color newsletter was acquired through their Communications V.P. who had industry contacts that could come within the same budget as the black and white version. Our organization has many talented people with skills and qualities that could enhance service to the members.

continued on 14

The Instructors EDGE

The Instructors EDGE, official publication of the Professional Ski Instructors of America Intermountain Division and the American Association of Snowboard Instructors Intermountain Division, is scheduled to be published four times a year at a nonmember subscription rate of \$15.

Opinions presented in the EDGE are those of the individual authors and do not necessarily represent the opinions or policies of the Professional Ski Instructors of America, Intermountain or the American Association of Snowboard Instructors, Intermountain. Submission of articles and photos is encouraged. Contact the editor.

Editorial/Advertising Office

Rodger Renstrom, Editor 770 Pinewood Dr, Sandy, UT (v) 801 566-9727 (e) editor@agegroupsports.com

PSIA-I Division. AASI-I Division Office

Susan Oakden, Division Administrator 7105 Highland Dr., Suite 201 Salt Lake City, UT 84121 (v) 801 942-2066, (f) 801 942-7837 (e) admin@psia-i.org

PSIA-I, AASI-I Officers and Chairs

President: Christine Katzenberger Administrative V. P.: Joe Waggoner Communications V.P.: Nancy Kronthaler PSIA Board Representative: Carl Boyer Programs Administrator: Open Alpine Certification Manager:

Franklin Williams

Alpine Education Manager: Ron Kipp
Alpine DECL Manager: Steven Helfenbein
Snowboard Manager: Open
Nordic Manager: Mike Shimp
Adaptive Manager: Kristen Caldwell
Children's Manager: Mark Nakada
Ski School Management Committee:
Brian Maguire

Current Board Members

2007-2010: David Boucher, Danny
Edwards, Chris Katzenberger,
Kent Lundell, Scott McGee
2008-2011: Carl Boyer, Max Lundberg,
Donna McAleer, Scott
Rockwood, Joe Waggoner
2009-2012: Jess King, Nancy Kronthaler
Rich McLaughlin, Jason
Pellegrini, Kathleen Roe



PSIA-Multi-Divisional-AASI SPRING EVENT AT SUN VALLEY April 9-11, 2010



PSIA-I office - 7105 Highland Drive #201, Salt Lake City, UT 84121, Fax 801-942-7837

Name		Member	Membership #		Cert Level	
Address		City		St	Zip	
Cell * #		School		Email		
☐ Check here if a	ny contact in	formation has changed	d			
		x must be checked if you w to be eligible to attend)	ish to attend	\$FREE		\$FREE
☐ Two-Day Instructo				\$160.00 per person		\$
☐ One-Day Instructo (Includes Registration				\$85.00 per person		\$
☐ Family Clinic Name of family mem	ber(s) who will a	attend:	_,	\$50.00 per person/per	day	\$
		Must be able to				
☐ Saturday Evening	Awards Banque	et		\$40.00 per person		\$
☐ Chicken D	ish OR \square	Vegetarian Dish				
☐ Extra Souvenirs				\$15.00 each		\$
Add a \$20.00 late fe	e after March 25	5, 2010				\$
Check #	Cash	Credit Card	Total Ar	nount Enclosed		\$
Visa/MC/Discover/A	MEX #				_	
Exp. Date		Signature			_	
Please list family me	mbers who will	be purchasing lift tickets*:				
*only participants in	Symposium and	family member(s) listed or	n the roster qual	fy for discounted lift ticket	s of \$30.	
be received by Marc	h 25, 2010 to no	SIA-I 7105 Highland Drive # ot incur the late fee, applica injured (doctor statement	ations received a	ifter will be accepted only		
Recognizing that s PSIA-I, PNSIA-EF nature arising duri relinquishes and a pictorial representa said Event.	kiing/boarding, the host areang or in connessigns to PSIA	elease must be signed of the can be a hazardous spand agents and employed ction with the conduction A-NW, PSIA-I and PNSIA praphs, motion pictures of the cand process	ort, I hereby R yees of each fr n of the event the A-EF all rights	om liability for any and for which this applicatio to the use of Applicant	all injuries n is made s name a	of whatever . Applicant hereby and likeness or
Signature_				Date_		

Flip this page over to choose your CLINIC TOPICS

Learn, Teach & Inspire

Select Your Spring Clinic Topics

Return this sheet along with your registration form!

FRIDAY - Your <u>FREE</u> ski and ride day. Clinic groups in less formal settings with a variety of clinicians available! You must be registered for Symposium to attend and sign up in advance to take advantage of this free day!

Cotumber April 40 Olinia Tamina mun 0.2	Considere Applie 44 Olivie Tenice was 0.0
Saturday, April 10 - Clinic Topics run 9-3 Select your Saturday topics from the list below (Please mark your 1st and 2nd choice)	Sunday, April 11 - Clinic Topics run 9-3 Select your Sunday topics from the list below (Please mark your 1st and 2nd choice)
Adaptive Clinic Topics for Saturday	
Intro to Adaptive	
Alpine Clinic Topics for Saturday	Alpine Clinic Topics for Sunday
All Mountain Skiing	All Mountain Skiing
Beyond Level III	Beyond Level III
Challenge Your Concepts	Challenge Your Concepts
Children's Real vs. Ideal Movements	Children's Real vs. Ideal Movements
Drills for Skills	Drills for Skills
How to be Offensive	How to be Offensive
Legends	Legends
Low-Fly or High-Fly Freestyle	Low-Fly or High-Fly Freestyle
Shake and Bake	Shake and Bake
Ski Like a Girl	Ski Like a Girl
Small Bumps or Big Bumps	Small Bumps or Big Bumps
Tactics for the Senior Skier	Tactics for the Senior Skier
Teaching with a Focus	Teaching with a Focus
Tip to Tail	Tip to Tail
The Balance Enigma	The Balance Enigma
The 'Eyes' Have It	The 'Eyes' Have It
The Games We Play (when teaching kids)	The Games We Play (when teaching kids)
U B 30	U B 30
Snowboard Clinic Topics for Saturday	Snowboard Clinic Topics for Sunday
All Mountain Riding	All Mountain Riding
Low-Fly or High-Fly Freestyle	Low-Fly or High-Fly Freestyle
Rippin' It Girly Style	Rippin' It Girly Style
Trench it Out	Trench it Out
Telemark Clinic Topics for Saturday	Telemark Clinic Topics for Sunday
Freeheel Fest	Tele For All
Movement Analysis	Movement Analysis
Track Clinic Topics for Saturday	Track Clinic Topics for Sunday
Classic Skills and Movement Patterns	Classic Improvement
Skate Improvement	Skate Skills and Movement Patterns
Family Clinic Saturday	Family Clinic Sunday
Tour the Hill (13 and up)	Tour the Hill (13 and up)

Clinic Descriptions

ALPINE CLINIC TOPICS

All Mountain Skiing – Challenge your skiing with a mountain tour de jour. Learn tactics and technique to ski a variety of terrain on the mountain.

Beyond Level III – You've been a Level III for a while, by now you've heard it all. What's left you say? Come and find out. Your goals are different, you've got the pin, not interested in any tryout but still have the desire and passion to continue to learn, teach and inspire.

Challenge Your Concepts – This clinic will focus on developing awareness of sensations, thoughts and visual cues to aid in the development of more efficient movements that can be applied on any condition or terrain. Expand your concepts of skiing by looking at equipment, mental challenges and physical movements.

Drills for Skills – Come 'drill down' to see how the various use of drills effectively develops movement patterns. You'll spend time applying the drills and their tactical application in varying terrain and conditions to better enhance your edging, rotary, and pressure movements and increase balance.

How to be Offensive – Bring the mountain to its knees; don't be the passenger be the driver. Take command of your skiing, be it from wedge turns to that 'sick' line through the bumps or the trees. Don't keep saying 'move down the hill,' learn and feel what it's all about.

Legends – Ski with a legend for a fun day designed for skiers of all ages. Let them show you a thing or two!

Low-Fly or High-Fly Freestyle – Come find out what the park is all about or push your skills to the next level. Groups will be split based on ability and comfort levels. The group(s) may be a mix of skiers and snowboarders, depending on sign ups.

Shake and Bake – It's all about the blending of the skills. This clinic will work to improve your skiing performance and understanding of the application of the skills concepts, efficient movements and the blending therein. Skill blending is a great prep for your Level II or Level III skiing exam.

Ski Like a Girl – Taught by top female clinicians. It's fun to ski with the girls and not always worry about keeping up with the boys. Come work on your personal skill development while enjoying the pacing and camaraderie found when skiing with this women's only group.

Small Bumps or Big Bumps – For skiers who have limited experience with the bumps or are accomplished bump skiers wishing to hone their skills with an aggressive group of skiers. Appropriate group splits will be made at the event. Clinics will focus on the technique and tactics of skiing bumps on terrain appropriate to the group's level.

Tactics for the Senior Skier – Low impact alternatives when working with the senior client for skiing a wide variety of terrain. This clinic will focus on various strategies and tactics for this demographic to ski more with less fatigue.

Teaching With a Focus – Focused teaching is where you want to be and your client needs you to be. This clinic will help the participant identify and describe, with precision and accuracy using the Teaching Cycle, skill blends and movement patterns in skiers of all ages and abilities in varied skiing tasks, snow conditions and terrain options.

Tip to Tale, er Tail – Your tracks will tell the tale. This clinic will explore the art of carving in a safe and fun atmosphere. Learn to ski clean, efficient turns, tip to tail while exploring the hill.

The Balance Enigma – So you thought you were in balance ... what is balance, when are you in balance, how do you enhance balance, how do you identify balance? This and many other questions will be addressed as you work through different drills to feel where and when you are in balance and what to do when you aren't.

The 'Eyes' Have It – Don't cast your ballot or be satisfied with only the effect. Make your vote count for identifying the root cause. In this movement analysis clinic you will learn to differentiate between cause and effect by developing your eye to unveil the cause.

Tryout Bound – Find out where you are on your tryout path. Saturday only.

U B 30 – You need to be 30 or under to hang with this group. Without the older dudes you will explore the mountain with your peers and work on skill improvement, tactical choices for given situations and understanding the how and why.

ADAPTIVE CLINIC TOPICS

Intro to Adaptive – Come find out what it is about. This introduction will provide you a basic foundation of information as to what is adaptive and opens the door for you begin to working with this client. **Saturday only.**

CHILDREN'S CLINIC TOPICS

Children's Real vs. Ideal Movements – Add to you bag of tricks and explore, learn and share experiences about how to play in a kid's world of real vs. ideal movements.

The Games We Play (when teaching kids) – Using the "The Children's Skiing Games Reference" and "The Children's Snowboarding Games Reference" manuals we will put together some great new game ideas that help you teach with a purpose but make it fun at the same time!

SNOWBOARD CLINIC TOPICS

All Mountain Riding – Challenge your riding with an upper mountain tour de jour. Learn tactics and technique to ride a variety of terrain in the mountain environment

Low-Fly or High-Fly Freestyle – Come find out what the park is all about or push your skills to the next level. Groups will be split based on ability and comfort levels. The group(s) may be a mix of skiers and snowboarders, depending on sign ups.

Rippin' it Girly Style – Taught by top female clinicians. It's fun to ride with the girls and not always worry about embarrassing the boys because you outride them. Come work on your personal skill development while enjoying the pacing and camaraderie and found when riding with this girl's only group.

Trench it Out – Get your corduroy carving legs ready and come rip it up. This clinic will explore the art of carving in a safe and fun atmosphere. Learn to ride clean, efficient turns while exploring the conditions of the day.

TELEMARK CLINIC TOPICS

Movement Analysis – This clinic will cover cause and effect and help you in your movement analysis skills to find the root cause of what you are seeing in your student's skiing.

Freeheel Fest – Take the latest movement patterns from the national level and work to develop your skills to maximize your efficiency. Expect an all mountain clinic with the objective of maximizing your versatility with modern equipment in the conditions of the day. **Saturday only.**

Tele For All – An introduction to telemark with a twist. It will emphasize a progression that takes full advantage of the skills already honed in efficient alpine skiing to enjoy the telemark experience. Take the latest movement patterns from the national level and work to develop your skills to maximize your efficiency. For new and cross-over tele'ers. **Sunday only.**

TRACK CLINIC TOPICS

Classic Skills and Movement Patterns – Identify and learn how to analyze the skills and movements in students' skiing. Learn drills and exercises that work towards improving the student's skills. **Saturday only.**

Classic Improvement – Building your skills on your path to being a better skier. **Sunday only.**

Skate Improvement – Building your skills on your path to being a better skier. **Saturday only.**

Skate Skills and Movement Patterns – Identify and learn how to analyze the skills and movements in students' skiing. Learn drills and exercises that work towards improving the student's skills. **Sunday only.**

FAMILY INFORMATION

Tour the Hill – Join us for a tour of Sun Valley and a lot of fun. We'll cruise around the hill and familiarize you with the runs you're comfortable on. For ages 13 and up; **must be able to navigate easy blue terrain**.

Sun Valley SnowSports School – Sun Valley is offering a 20% discount on lessons for your kids. For lesson information and to make a reservation please call 208.622.2289 or you may also visit their website at snow-sports.sunvalley.com.



It's never too early to plan for this event so here is some up to date info to get you started. We will be holding our 2010 spring Symposium at Sun Valley, Idaho April 9-11. And remember, this is the special year when we get together with our neighboring divisions to celebrate the season with friends and family from PSIA Northwest, Intermountain, Northern Intermountain, Northern Rocky Mountain and Eastern Division! You won't want to miss this great opportunity to get together and share ideas. Great clinic topics with lots of information to keep you motivated all summer, clinicians that will amaze and inspire you as well as fun in the sun!

We'll have the same layout as you have become accustomed. Attend clinics Saturday and Sunday or Saturday or Sunday and with your registration you ski or ride with clinicians on Friday for FREE.

Family is of course welcome and we will offer the Family Clinic tradition for your family members. Remember they do need to be able to navigate easy blue terrain.

Our lodging will be at the Sun Valley Resort. To make reservations please phone 800.786.8259 and let them know you are with the PSIA/AASI group. Lodging prices are below. Lift tickets will be available for \$30 per day.

To view pictures and layouts of the lodging please visit www.sunvalley.com and click on accommodations then on Sun Valley Lodge or Sun Valley Inn.

As always the price is right and the fun opportunities abound. Sign up soon. Come Multi-Mingle and be a part of one of our biggest Symposiums ever!



Room	•	Double Rate
Run of House	0	0
LODGE STANDARD-QUEEN	89	0
LODGE MEDIUM-KING	94	0
LODGE MEDIUM-2 BEDS	94	0
LODGE DELUXE-KING	99	0
LODGE DELUXE 2 BEDS	99	0
INN STANDARD-QUEEN	89	0
INN MEDIUM-2 DBL BEDS	94	0
INN DELUXE-KING	99	0
LODGE APT HOTEL ROOM	89	0
2 BR LODGE APT	229	0
3 BR LODGE APT	279	0
TWO BEDROOM CONDO	159	0
FOUR BEDROOM CONDO	209	0
THREE BEDROOM CONDO	189	0



Risky Business



8:30 AM: I arrive at the mouth of Big Cottonwood Canyon and see they have the 4X4 and chains sign on, so I turn around and park in the bus lot and catch the bus to Solitude.

8:55: After arriving at Solitude I head inside to change into my boots and then up Moonbeam Express to take my first run down Shady Lane. The snow is 15 inches deep and dry. This is great.

9:30: Honeycomb Canyon isn't open so I take runs on Olympia, Rumble Grumble and Stumble where I find more great snow up to knee deep. These aren't the greatest skis for the conditions and I have to concentrate on keeping balance between both feet.

10:00: I take my first run down Challenger. The run is mostly groomed, but about half way down I turn left and go through the trees. There are several untracked glades, so I take several more runs.

10:30: I take a run down Gary's Glade. The snow is getting chopped up, but there are still powder pillows to be had so I take a ride up Eagle Express and find Navarone is open. The first run down is good, but the second one is even better. I'd do it again, but I'm getting hungry and tired, so I head down Rhapsody to Main Street to get lunch.

12:30 PM: After lunch I head back out and take Apex Express for a warm up run down Alta Bird, then head up Powder Horn Chair, through the gate, and down Here Be Dragons. This is a sweet run, but I'm having trouble keeping my balance. I decide I'm going to do this run one more time. At the bottom, I have to go through a 6-to-8-foot gully to get back to the track. This leads to a medium size mogul field, then down the long run out to the Honeycomb Return Chair.

1:30: It's back down Sunshine Bowl and Main Street to Powder Horn Chair and back to Here Be Dragons. I'm really concentrating on balance It's a good run. Possibly my best.

1:35: I'm down near the bottom now, and all I've got to do is get through the gully. I hit the gully a little fast, and

Chronology of a **Skiing Injury**

By Terry Davis



get thrown to the right into a downed log. I crash hard into a limb, which pierces the inside of my right thigh about six inches below my crotch. The pain explodes inside me and I scream as I collapse to the ground.

The tree limb breaks off and pulls out of my leg. Instantly, I feel blood flowing down my ski pants.

The tree limb breaks off and pulls out of my leg. Instantly, I feel blood flowing down my ski pants. I can't see anything through the hole and I'm scared to death that I've punctured my femoral artery. If I have, I only have minutes to live. I jam my left hand down on the wound, and start trying to think of how I can fashion a tourniquet. I think about my Booster Straps, which are on the top of my boots, and reach down and grab one of the straps with my right hand. After what seems like hours I get it off my right boot. Sometime during this excruciating exercise a skier dressed in black goes right by me. He doesn't stop. I'm really on my own and I could die here.

Now I've got both Booster Straps, but I can't put them together with one hand. I quickly pull the left hand off the wound to put the straps together and get them around my leg. I pull them as tight as I can. Now I have to worry about cutting off the blood to my leg and doing damage. There's not a huge pool of blood coming out the hole in my ski pants, so maybe I missed the artery. But that still leaves me stuck here. I've still got to worry about blood loss and shock. I decide I've got to get out.

I get one of my poles and stand up. The pain is incredible, but OK once I'm up. I can bend over pretty good on my left leg. Thank God for Tony Horton and his fitness programs. I get my skis on and find I can still work the right leg. Now, can I get down to the chair lift?

1:45: I'm at the top of the mogul field now, and trying to figure out the best way down. I finally decide to side slip, keeping my left leg downhill. This isn't easy through the moguls and twice I fall down. Again a lot of pain, but I don't lose my skis and I manage to get back up. Also, no trail of blood. I'm pretty sure at this point I've missed the femoral. Things are looking up.

After five minutes I'm through the moguls and on to the long run to the Honeycomb Return Chair. I'm worried about getting up the slight uphill just before the chair, so I'm moving pretty quickly. I get up the hill, through the gate, up to the stop block, and sit down on the chair.

1:50: I'm riding the Honeycomb Return Chair up and I start thinking that maybe I'm not as hurt as I thought. Sure the leg is hurting, but maybe it's just a scratch. I can't actually see the wound, and my male pride light starts to flicker on. "What if it's just a scratch. I mean, you were able to put weight on it as you were coming up to the chair. Maybe you're over reacting?" So my little voice says, "OK, here's what we'll do. We'll ski down the front side to the Moonbeam Lodge, go into the restroom and assess the damage. I mean, yeah, I'm gonna have a big bruise, but maybe that's the extent of it."

Sunshine Bowl is a blue run, but the



snow is pretty well packed by now, and as I'm skiing down, I'm actually passing other skiers. I'm putting weight on the right leg and the little voice starts saying, "See, it's not so bad. You've just been over reacting. Why, I'll bet when we get down to Moonbeam, and take a look at it, it'll just be a scratch." So down I go.

2:00: I get down to Moonbeam Lodge and take off my skis, walk gingerly down the steps to the lower level and into the men's room.

I go into the handicapped stall and pull down my pants. My thermals are wet with blood, but nothing unexpected. Then I see the wound. Wound, what an understatement. It's a big, huge, ugly hole. It's not a wound, it's a cave! It's big, and dark, and I can't see the bottom of it. I immediately get dizzy and almost pass out. After all this time, now I'm going into shock? I put a paper towel over it, pull up my thermals and ski pants and head out.

But to where? I don't want to try and find patrol, I'm not that familiar with Solitude. And, admittedly, I'm probably not thinking at my clearest. So I decide to catch the bus down to my car and at the bottom of Big Cottonwood Canyon and drive myself to the ER.

I walk outside and the bus is at the door. I'm afraid he'll pull off and leave me, and the next bus won't come for an hour. I ask a young lady to ask the bus driver to wait and she tells me not to worry, the bus is early and won't leave for 20 minutes. I hobble over and get my skis off the rack and strap them to the bus carrier. It's just about all I can do to push the strap over the knob to secure the skis to the bus. I'm about to get on the bus when someone says, "good, I'll have time to change my boots." That reminds me that my boots are still in the lodge, so I hobble back in the lodge and grab my boots and hobble back out to the bus. I get on, find a seat and collapse into it.

I set my gear down on the seat next to me, wedge my poles in beside the seat too. Then I look down at my ski



Communication Report

Nancy Kronthaler, Communication VP

As I write this for the coming Edge publication, my hope for more snow to fully open the areas persists. As you read this hopefully my dreams have come true!

This edition is focused on information pertaining to Spring Clinic at Sun Valley April 9–11. Also this is a

reminder to membership of the importance of voting for board elections for the people representing your region and members at large.

Spring Clinic is a yearly event that takes a lot of planning! This year Ron Kipp and Susan Oakden, our office administrator, in conjunction with Northwest's representative Kirsten Huotte, have spent countless hours setting up this event. I applaud them for their efforts! It is also a unique opportunity for all participants to receive input and share ideas with other instructors and clinicians from other divisions.

Sun Valley opened to the public Dec 21, 1936 and was the first destination ski resort in North America with the first chair lift in the world. No matter what the yearly snowfall is Sun Valley produces great skiing – they are the masters of snowmaking. Their long luxurious runs at that time of year can produce some of the best spring skiing with magnificent corn snow top to bottom that you will ever experience. The town and exquisite lodges and local restaurants offer great opportunities for dining – and of course there is a lot of great SHOPPING.

There is also an air of history represented in its incredible lodges – don't hesitate to take time to view the photographs and captions representing famous people of the past that frequented the resort.

This is not a spring clinic to miss – join us for great skiing and an opportunity to meet people from another division in charming surroundings.

Silent Auction

Every year we have a silent auction and/or raffle at this event. If you have items or gift certificates to contribute please bring them to our local office. The money raised will go to our scholarship fund, so help with your items to make this program a success.

Looking ahead, Spring Clinic 2011 will be held in one of our local resorts and in 2012 we will travel to Jackson Hole for the event.

Board Elections are once again upon us. This is a yearly event and your vote is important in the selection of membership representation on the board. Every year only a small percentage of our members vote – please take time to do so and follow the directions carefully provided with the material sent to you so your vote can be counted.

Through the remainder of the season we provide our membership with many educational and assessment events in all disciplines. Make sure you take a look at our calendar. We'll end the season with some great race training in late April and early May!

As always your input is most appreciated. Through your suggestions we grow. We are a membership driven organization.





Alpine Education

By Ron Kipp, PSIA-I Education Manager

The Habsburg Dynasty Could Have Been Saved in Sun Valley

The Habsburg dynasty, which ruled much of Europe for centuries, came to end with the death of Charles II of Spain in 1700. Charles had a horrible life and a similar reign. He was mentally retarded, disabled and disfigured. His tongue was oversized which made it difficult to chew food and sometimes impossible to understand. He was prematurely bald and suffered from epileptic seizures. In spite of two wives he fathered no children due to impotence and thus, had no heirs. Sixteen generations of family inbreeding had taken it's toll.

Intermarriage among family members had been a practice among royalty for generations. It was used to protect the noble property, wealth, and position. The thought was that the blood line should remain pure and to breed outside the royal family would devalue this royal blood. With a restricted gene pool undesirable traits are exposed leaving the offspring with limited options for success in life.

"Inbreeding" is a genetic term, but has also morphed into a concept. Just as the Habsburg's DNA suffered from a limited gene pool, people with limited experiences are considered "narrow-minded." If the person declines to acknowledge other educational avenues they are considered to have "blinders on." Conversely a person that is "well traveled" or one that has at least been "around the block" is seen as a person that is aware of the options available to them. They are able to form judgments based on facts and contribute well balanced opinion.

The notion of inbreeding has had an influence in higher education. For example, there are universities that will not allow their undergraduates into their graduate school, or their Master's students into their Ph.D. programs. This is not because they don't like the student. In fact the opposite. They usually have great respect for any student that has made it through their curriculum. It is with foresight that they understand that the educational horizons are broader than they can deliver by themselves.

No matter what the occupation, when a person is exposed to only one line of thought, one view, or one aspect of the subject matter, their perception will be jaded. If you take a clinic from a mogul coach you will get the idea that flexion/extension and rotation are the keys to success. Meanwhile an old school race coach will see the panacea as edge, edge, edge, carve, carve, carve.

When an instructor's exposure is limited, they start to believe there is only one way to ski. For example many instructors believe there is only one "correct" way to ski moguls. The unfortunate lack of snow early this season, has reminded us that skiing the mogul tops (where there was snow) is not only possible but a fun alternative. Early weight transfer has recently proliferated

continued on 12

boots. I want to take them off, but I'm not sure I can stand the pain. I cheat and take off the left boot first. That's the easy one. Then I unbuckle the right boot, and try and take it off. The pain is intense, and the boot is half on, half off. But I don't think I can get it the rest of the way off. That's when a gentleman sitting across the aisle asks if I'm OK. I tell him no, that I've hurt my leg. He asks if he can help. He is the only one through all this that's done this, and the kindness is greatly appreciated. He helps me get the right boot off. Now, if this damn bus will just get moving.

I tell the Good Samaritan thanks and introduce myself. I believe he said his name was Wes, but honestly, I'm not sure. Anyway, Wes says, "Looks like you might have torn your quadriceps." I reply that it isn't a torn quad, but something worse. I think he reassessed me. He may have noticed the booster straps cinched around my thigh or my pasty complexion and the fact that I'm deep breathing to keep from going into shock. Anyway, he asks if there's anything he can do. I tell him no, but thanks.

2:30: The bus driver finally says it's time to leave. He's been chatting with folks right along and has answered the question of whether this bus stops at the 6800 South Park and Ride a dozen times. I wanted to ask, but was weak and also pretty sure he'd get asked the question by several others. I was right.

We're finally headed down and I'm struggling to control the nausea. I just wish the driver would/could go faster. But, nooooo, I've got the bus driver that stops to let a backcountry skier off at Storm Mountain and again to pick up other back country skiers standing by the road. He's also talking to a couple from upstate New York. He's giving them the complete tour of Big Cottonwood Canyon, which is fine, but I swear he's slowing down to point stuff out to them.

At last we reach the first stop at the bottom of Big Cottonwood. Just a few minutes and I'll be at my car. Wes asks if I need a hand getting to my car. I tell him

it would be great if he could carry my skis. The nausea is about gone. I'm ready to try and drive to the ER. We pull out onto Wasatch Blvd. Almost there.

Finally, we pull onto 6800 South. Wes is kind enough to help carry my skis to my car and get squared away. It was only about 100 feet, but it was something I'll never forget. Thanks Wes.

3:00: I start the car and head for the freeway, using my left foot on the gas and my right foot to break. Thank goodness my car's an automatic. I head for Intermountain Medical Center, which is close to my house. Then I decide to take a detour and pick up my wife, Melanee. I call Melanee and tell her, briefly, what's happened and that I'm going to pick her up. I drive home, drop off the skis and get Melanee and a big drink of water. I insist on driving to the hospital, because I don't want the pain of getting out and back in.

Finally, we pull into the ER driveway at Intermountain Medical Center. I sit in the car as Melanee gets someone to come out with a wheel chair. They get me out of my car and wheel me into ER. I'm about to get my five minutes of fame.

3:30: After a couple of minutes in one of the ER suites a young lady came in, looked at me and asked the aide who had brought me in, "Chest pains?" He said, "No," (and I liked this) "stab wound to leg." The lady didn't flinch, just perfunctorily took my information, you know, name, address, insurance.

Next came the nurse, who asked me how it had happened. When I told her it was while I was skiing, she got all excited and said she was going to go tomorrow, on her day off. I told her it was too late, we'd already skied out all the powder. She was very mean to me after that, I wonder if there was a correlation?

The doctor came in next and we finally got down to it. When he looked at my leg he said, "Well, I've seen worse." He told me that they were going to hook me up to an IV to give me some antibiotics. Then they were going to irrigate the wound, look for remain-



Day one of the PSIA-I Alpine Development Squad tryouts at Jackson Hole.

Alpine Development Squad Adds Two

Brendon Nesbit and Paul Franzeim were invited to join the PSIA-I Alpine Development Squad following a selection process held January 7 and 9. Brendon, from Deer Valley, and Paul, from Jackson Hole, were selected from 13 candidates representing five snowsports schools in the Intermountain division.

The Development Squad is the training conduit to becoming a DECL. DECL Alpine Team Manager Stephen Helfenbein also announced at the final selection that Mike Sellers, who provided a critical eye during the tryouts, was advanced to the DECL staff.

Candidates started the process by making a skiing cut at Jackson Hole then, after two weeks and much homework, met at Deer Valley for a teaching assignment, movement analysis critique with selected members of the Deer Valley Ski School, followed by an indoor presentation. The selection staff would like to thank both ski areas for their support of this important process.

ing tree parts, and then sew me up.

He left and the nurse came back. In due course she came at me with a needle for the IV. It really hurt when she stuck it in and I began to regret my earlier comment about skiing out the powder. She followed that with some painkillers, for which I'm forever grateful.

While I was waiting for the doctor to return, the nurse came in and asked if it was all right for a couple of EM techs to come in and see "the wound." These were the first of my adoring fans. I said sure and a guy and a girl came in and took a gander. The girl said, "I've seen worse." We chatted a bit and they left.

When the doctor came back he got a really big syringe and a bottle of saline solution and proceeded to wash out the wound. Next he gave me a whole bunch of locals. They hurt even with the pain killers. Then he began palpating the wound for debris, a fancy way of saying he stuck his finger in the hole in my leg to see if there was any wood left.

When he started doing this I looked over at my wife, she was turning white and making faces, so I looked at the beautiful print on the wall of a stream flowing through a forest, and I went there. Fortunately, all I could feel was pressure in different directions, but according to my wife, he put his finger in my leg up to the second knuckle of his index finger. The doctor said I was pretty lucky because the stick had run along the edge of the muscle and subcutaneous fat layer and had penetrated the muscle.

After the doctor was confident there were no splinters left in my leg, he began



Adaptive News

By Kristen Caldwell

We recently held our first PSIA clinic of the season, the Functional Skiing Skills Prep, with four participants. The clinician shared with the attendees 12 tasks that they may be asked to perform for the Functional Skiing Skills Assessment. It occurred to me that I should share those 12 tasks with the greater adaptive community, in case you were not able to attend the prep clinic but are planning on taking the assessment this year. They are as follows:

- ◆ Wedge
- ◆ Wedge Christie
- ♦ Basic Parallel
- ◆ Short Radius Turns
- Free Ski Run
- Fall Line Bump Skiing
- Pivot Slips

- Falling Leaf
- Hourglass Parallel Turns
- Traverse, to Diagonal Side Slip, to Traverse
- Synchronized Skiing
- Variable Terrain and Snow Conditions

For a description of tasks 5, 6, and 8-12, go to www.psia-rm.org and follow this path – Ed Materials, Adaptive, Functional Skiing Adaptive Exam Guide 09-10. I believe everyone is familiar with tasks 1-4. If not, seek out a clinic at your local ski school ASAP! For a description of Pivot Slips, go to the following website: http://vimeo.com/7407274.

Level 1 candidates will be asked to perform the above tasks to the National PSIA Level 1 Certified Instructor Standards and Level 2 candidates to the National PSIA Level 2 Certified Instructor Standards. For descriptions of these standards, go to the alpine page of the PSIA Intermountain website.

The teaching prep clinic is yet to come as I write this article. The clinician will go over the teaching assessment format, the teaching format we are looking for, and key teaching points of all six disciplines. The clinician will also give each attendee feedback on their teaching.

For each module's teaching assessment, candidates will teach a lesson in one discipline in the morning and the other discipline in the afternoon. Each candidate will be given a student scenario and will have thirty minutes per lesson. During these lessons candidates will be assessed for the following: student assessment, equipment selection and setup (if applicable), lesson content and progression, safety, adherence to the teaching model, and movement analysis.

I *strongly* encourage you to train and study hard if you are pursuing certification. Gone are the days when the adaptive exam was a breeze. We are raising the standards in hopes of raising the quality of adaptive instruction in Intermountain.

Good luck to all of you pursuing certification this year and thank you for your patience through this new process. Remember to turn in your take home test to the PSIA office one week prior to your first exam day!

stitching it up. First, he put about thirty stitches in to close the fatty layer. Then he began closing the skin. When he was done, my leg had an L-shaped wound about 2.5 inches on a side.

All was going well when the nurse came back in to bandage my leg. She had the dressing on and was securing it with tape, pulling on it really hard when it broke and she "accidentally" hit my wound. Who knew medical people were so sensitive about their skiing?

By 5:30 I was safe at home in my recliner. I had been very lucky, all things considered. Although I will admit it was about 48 hours before I quit having flashes where I was falling on the tree, or looking into the maw of the hole in my leg.

Friday, February 13. I'm going back to the ER to get the bandage changed. The purpose of the follow up is to make sure I'm not getting an infection.

A different doctor comes into the ER suite looking at my chart. He looks at my leg and says, "Oh yeah, I heard about you." He takes a look at my wound and pokes at the pink tissue around the stitches. He says he's concerned about the redness and that they're going to draw an outline around it so they can track the inflammation. While he's out getting a special pen a nurse comes in and asks if she can see the wound. I say sure, and she says, "Wow, that's pretty bad, but ... (you can see it coming) "I've seen worse."

The doctor comes back and tells me he's going to write me a prescription for two more days of antibiotics and that I should watch the inflammation closely for the rest of the day and come back immediately if I start running a fever or there's a pussy discharge from the wound. Great, just when I thought I was out of the woods.

Tuesday, March 17. Happy St. Patrick's Day. I'm back at work and steadily showing improvement. Why, on Monday I was able to put my shoes on all by myself!

It will have been a week since my accident when the clock gets to 1:30 PM. It seems the closer I get to that fateful hour, the slower time passes. Finally it's here and gone. Like I say, I'm feeling better every day. So much so I call PSIA-I and get on the schedule for their last clinic of the season. It's a Ski Improvement Clinic...I savor the irony.



Clinics Focus on **Seniors**

By PJ Jones and Cookie Hale

Senior Programs, the new 'movement.'

Focus on senior programs is escalating in ski schools all over the nation. Around the country and in Canada, the number of senior programs is growing.

Among those growing programs is a huge program at Mt. Rose that serves the needs of 50-plus skiers developed by Rusty Crook, one of the true pioneers of senior instruction. Other such programs include the SST (Senior Ski Team) at Whistler-Blackcomb, the Diamond Peak Senior Ski Clinics (Lake Tahoe), the Tahoe Donner Ski Program, Bumps for Boomers at Aspen, the Special Senior Clinics at Squaw Valley, Attitash T.G.I.F. (Thank Goodness I'm Fifty), Bretton Woods Wiser Woods, Cannon Mountain Cannon Cruiser, Cranmore Golden Gilders, Loon Mountain Flying Fifties, Waterville Valley Silver Streaks, Whiteface Mountain Snow Boomers and of course, the Over The Hill Gang International.

The skiing industry is learning that many seniors are skiing past 50 and on into their 80s and 90s. The industry is also learning that often its grandma and grandpa who buy the tickets for the grandkids. Of course, grandpa and grandma will choose to go skiing where they like to go skiing the best. So, accommodate grandma and grandpa and the whole extended family shows up.

The senior segment of our population is a market for which the ski and snowboard schools can develop new products such as a discounted senior group lesson and special senior clinics. Senior programs also help retain PSIA membership for the senior instructors.

One of the main differences of these



Children's Corner

By Mark Nakada, PSIA-I/AASI-I Children's Manager

Aloha! I hope you are having a good season.

We still have a number of events that can enhance your "Kids" knowledge base. Check out the ACE/Kids calendar at www.psia-i.org for more details. Program updates:

- The National Children's Committee is in the midst of a 2-year project, which could lead to a unified standard for ACE/Children's Specialist Programs across all divisions. Stay tuned for more details.
- ◆ For this season, our ACE I and ACE II events remain unchanged except for minor revisions to the workbooks For ACE III, a new workbook has been developed and will be posted on the ACE/Kids page at www.psia-i.org.
- For those professionals interested in getting an introduction to the "CAP Model" and how it can enhance your teaching efforts, we will be offering several informative lectures throughout the season. Please check the calendar for more details.
- ◆ For ACE I, we will continue to offer ski- and ride-specific on-hill groups based on participant interest. Please sign-up early as these discipline-specific ACE clinics will sell out.
- ◆ A limited number of ACE I, II and III pins are available for purchase from the Office. Please call for details.
- The new PSIA/AASI Children's Manual is also available for purchase from the Office; get your copy today.

Thanks for your support. We look forward to seeing you at one of our events this season.

ALPINE EDUCATION continued from

ski coaching due to the limited conduit of coaching information. Don't tell Raich, Svindal, or Janka. These World Cup leaders need more than one way to enter the turn. Exposure to a variety of ways to get the job done not only makes our sport rich, it is necessary and enhances our options in the playing field.

If you haven't gotten out much lately, it's not too late. Keep your personal dynasty alive by expanding your professional borders. Hear what other have to say. Ski, socialize, and compare notes with those outside of the Intermountain division. This will be possible at historic Sun Valley this April 9th -11th. The Intermountain division will host with the Northwest division an event to remember. Expect to clinic and rub elbows with ski instructors from around the country.

We now understand that Charles' ancestors should have mingled more outside the boundaries of their genetic family. Now, with the multi-divisional Spring Clinic, ski instructors are given the opportunity to broaden their educational boundaries. Keep your personal dynasty alive. See you in Sun Valley.



Less Snow Makes Learning Grow

By Matthew Belford

With lower than usual snow throughout the Intermountain region it has been easy to grumble about the conditions as we gouge our bases and burr our edges while we carve the same turns down the same runs over and over. The firm conditions make us have to be precise and that generally makes us question our ability to ski well. The truth of the matter is that the variability in conditions is one more thing that makes skiing the greatest sport on earth.

The beauty of skiing is that if you go out on the mountain to ski or board you surrender to the conditions provided to you by the mountains themselves. You can change aspects, elevations, ski groomed, skied-out off-piste, cut up powder, or untracked pow, but if you are willing to go no matter what the conditions of the day present, you'll see it all eventually. Why not use the less than stellar conditions to develop mastery of technical skiing skills and learn to master them not only certain terrain, but in all of the snow conditions on that terrain?

Instead of getting frustrated with the conditions, embrace the variety and learn as a student within your own teaching. The greatest thing about the conditions lately is that both students and instructors can slow down, work on and discuss technique, and practice sufficiently on appropriate terrain without crowds or the powder frenzy.

In order to perform well in a variety of conditions on all terrain, having

mastery of the PSIA National Standards on groomed terrain is required. The National Standards, in brief, are:

- Maintain fore-aft balance over the feet
- Direct balance toward the outside ski in turns
- Direct movements of the upper body toward the desired direction of travel.
- Release and engage the edges of the skis
- Guide the skis through turns

These skiing movements also need to be applied throughout the turn with accurate Duration, Intensity, Rate, and Timing (DIRT) for everything to come together with relative ease. Variable conditions and terrain require a variety of turn radii with different amounts of DIRT as well as ever-changing blends of the skills described above to be most effective and remain in balance maintaining speed control.

With limited powder and forgiving soft snow so far this season, slowing down and working on these fundamental techniques on the groomers then taking it to dynamic, fast groomer skiing and eventually to variable off trail conditions will not only make your students better skiers, but will provide them a solid skill set. As an instructor making perfect carved turns on firm snow will make your demos and all-conditions skiing more accurate as well as enhance your teaching, understanding, and versatility.— Matthew Belford is a PSIA-I DECL

senior ski programs is the importance of the social aspect of skiing with other fellow seniors. Many seniors are apprehensive about taking lessons with 20 and 30 year olds or from a young instructor. Senior programs need to also provide expert instruction on upto-date techniques; however, one of the main purposes of a senior program is to provide a venue for seniors to meet and ski with other seniors. Skiing is a great social event in addition to being physically exhilarating.

PSIA Western Division held their pioneer Senior Specialist Accreditation clinics at Mammoth Lakes, in April of 2007. A turn-away crowd participated with many earning the first Senior Specialist Accreditation pins. PJ Jones and Cookie Hale were at Mammoth to participate and help out.

During the 2006-2008 ski seasons, PJ and Cookie developed and helped start the Senior Specialist program in the Northwest Division. Again, this was one of the most popular and acclaimed clinics and accreditations of the year with many benefiting. The Eastern division has also been offering Senior Clinics for the past few years.

Already this season, PJ and Cookie have given additional introductory Senior Clinics at the PSIA-I/AASI-I Ed College at Brighton, UT, Winter Park, CO and Jackson Hole, WY. The enthusiasm and support of the clinics has been great. The feedback has been how valuable and useful the concepts, tactics and drills are – both skiing improvement and in teaching. – PJ Jones is a former PSIA National Demonstration team member. Both PJ and Cookie teach in the Northwest.

BOD Elections

Ballots for the PSIA-I/AASI-I Board elections will be mailed out to members by the end of February, with ballots due back in the office by March 15 and will be tallied within the next week.

It's Classified

EARN \$50 FOR REFERRALS when your lead results in a rental for Skiers Accommodations of Utah. We offer 2, 3, and 4 bedroom Townhouses at the mouths of Big and Little Cottonwood Canyons. Contact Tom and Nancy Kronthaler, information (801) 943-2426, www.utahskilodging.com.

Board Meeting

The next meeting of the PSIA-I/AASI-I Board of Directors is scheduled for Friday evening, May 14 and Saturday, May 15. Contact the office for times and location.



LeMaster Lectures

By Rodger Renstrom, Editor

Ron LeMaster walked into a PSIA national meeting at Copper Mountain, Colorado several years ago carrying two laser-printed photo montages of ski turns he had captured with his then state-of-the-art digital video camera. Even at 300 dpi, I remember those multi-image prints as the most exciting thing about that meeting. And, as much as anything, that memory was my inspiration to attend LeMaster's PSIA-I/AASI-I lecture series presentation at *The Woods on 9th* February 10 in Salt Lake City.

Many instructors remember when James Major and Olle Larsson published *World Cup Ski Technique* in 1979. The book was fascinating for the painstakingly crafted montages of skiers like World Cup Champion Ingemar Stenmark frozen in time for technoweenies throughout the ski world to dissect and argue over. In the spirit of *World Cup Ski Technique*, LeMaster's latest book, *Ultimate Skiing*, provides even higher-quality images of skiers to further fuel such technical discussions.

Ultimate Skiing and LeMaster's take on the mechanics of contemporary skiing formed the foundation of his nearly two-hour lecture. Backed by an education in mechanical engineering and computer science, LeMaster spent very little time explaining how people should *teach* skiing. Instead, he focused on how a ski works and *what* actually happens when someone makes a good ski turn. Arguably, an understanding of those basics may be what is most lacking in the arsenal of the majority of ski instructors.

A couple of days after LeMaster's presentation, PSIA Demonstration Team Coach Rob Sogard and I were talking with one of our instructors at Snowbird. The instructor commented that she had hoped LeMaster would

have offered more teaching ideas to help build her bag of tricks. Rob commented that most instructors do a pretty good job of "teaching." What often is lacking is a solid grasp of the "what." I couldn't agree more.

After all, an instructor's 'bag of tricks' is mostly filled by the creative ways they apply their understanding of skiing basics.

After all, an instructor's "bag of tricks" is mostly filled by the creative ways they apply their understanding of skiing basics. If you understand how a ski works and what you are trying to do with it on the snow to make a good ski turn, then all you have to do is figure out imaginative ways to get people to use the tool properly. Of course, you still have to understand what motivates people to learn, how to address their fears and apprehensions, and how to communicate your ideas simply. But if

you don't understand skiing basics, all you really are is a nice person to ski with, not a ski instructor.

That's what LeMaster and his latest book address: what do you have to do with your skis and boots to ski well? He doesn't really attempt to teach you how to do that, although he does offer a few tips here and there in *Ultimate Skiing*.

The Catch 22 of LeMaster's book and lecture is that if you already have a solid grasp of skiing, the information he shares is pretty basic (although there is always a bit of room for arguing over beers whenever people start talking technical), and if you don't have that grasp, you might misinterpret some of his information.

Still, LeMaster's lecture was a welcome addition to the Division's lecture series and an opportunity taken advantage of by an overflow crowd. In addition, I am now the proud owner of a signed copy of *Ultimate Skiing*. Now, if I had only squirreled away those original laser prints I'd have a real collector's item in my library.

PRESIDENT continued from 2

Many of the people involved with our organization volunteer their time and energy to produce items for all of us. There are various committees and projects that could easily benefit from your particular skills and your willingness to contribute in an area that is of importance to you.

"Be a part of our efforts to develop a pool of volunteer leaders and help us assure the quality of our products and services. Vote, or better yet, run in the next Board election to represent members in your region. Submit an event evaluation form next time you attend an event. Leadership development and quality assurance are both areas where you can significantly make a difference with just a small amount of effort."

LEARNING continued from 1

The basketry clinic was a crosstraining process by which instructors refreshed their abilities to learn how to learn. It also reminded the instructors of how beginners come to a lesson. The equipment is strange, they're likely skeptical and wary, and they don't know what to do.

"From the clinic we learned how it feels to be clumsy and awkward. It helped us accept ourselves and to have greater appreciation of our students needs," Fushimi said.

Other cross-training off-snow clinics have included yoga, dancing, fly fishing and kayaking. Learning is learning.





Event Registration Professional Ski Instructors of America Intermountain Division American Association of Snowboard Instructors, Intermountain

R	REGISTRANT INFORMATION								
N	IAME			PHONE			FAX		
S	TREET		CITY			STATE		ZIPCODE	
Е	-MAIL			SKI SCHO	OL			CHECK IF NE	EW ADDRESS
Y	OUR CURRENT MEMBERSHIP STATUS	MEMBERSHIF	MEMBERSHIP NUMBER INDICATE DISCIPLINE FOR			FOR THIS	S EVENT		
	Entry Level Level Level	☐ Level III			□ Alpine	□Snc	wboard	□ Nordic	☐ Adapted
E	VENT REGISTRATION INFORMA	TION							
	*** LIST CLINIC TOPIC FROM SCHE	DULE ***	LOCAT	ION	DISCOUN	T PASS E	LIGIBLE	DATE	COST
EDUCATION					□Discoun	t pass, no	o charge		
CAT					□Discoun	t pass, no	o charge		
EDC					□Discoun	t pass, no	o charge		
	Clinic Discount Pass requires separa	ate form	excluding Spring Cli	nic, accreditation	onal clinics and lectu	any 3-day p	ackage event.	Pass holders	
H	(purchase by 1/31/10, \$195.00) LIST ASSESSMENT TITLE FROM SO	CHEDIII E	are subject to all put	blished deadlines LOCAT	s for registration inclu	ding late fee	s and addition	nal surcharges.	COST
Ļ	LIST ASSESSMENT TITLE FROM SO	CHEDOLE		LOCAI	1011			DAIL	0031
ASSESSMENT									
ESS	I attest that I have familiarized myself v	with the requirem	ents, standards	and					
ASS	expectations for the level of certification preparation tools and clinics available	to me through PS	SIĂ-I/AASI-I, PSI	A/AASI, and	12				
	my home area. As such, I consider my	aalf tharaughly n							
	and skillfully participate in the assessi			y, confidently	y, Ca	ndidate	Signatu	re (for ass	essments)
F				y, confidently	Ca	ndidate	Signatu		essments)
	and skillfully participate in the assessi		am registering.		y, ■ Ca		TOTAL F	FEES:	Am. Express
L	and skillfully participate in the assessive states. EES evel 1 Package \$125.00 Indic Discount Pass Separate Form	ment for which I a	oD: Cash/	Check/MO	Ca		TOTAL F	FEES:	
L	and skillfully participate in the assession in the assess	ment for which I a	am registering.	Check/MO	Ca		TOTAL F	FEES:	
L C C A L	evel 1 Package \$125.00 clinic Discount Pass Separate Form One-day Clinic \$55.00 cldd extra for Cat Skiing \$20.00 cl. L3 Assessments/per day \$80.00	ment for which I a	oD: Cash/	Check/MO	Ca		TOTAL F	FEES:	
L C C A L	evel 1 Package \$125.00 clinic Discount Pass Separate Form One-day Clinic \$55.00 add extra for Cat Skiing \$20.00	PAYMENT METH	oD: Cash/	Check/MO lumber:	□ MasterCare		TOTAL F	FEES:	
L C A L L	evel 1 Package \$125.00 Ilinic Discount Pass Separate Form One-day Clinic \$55.00 add extra for Cat Skiing \$20.00 2, L3 Assessments/per day \$80.00 evel 2, 3 Written Test \$12.00 ecture \$20.00 per session	PAYMENT METH	OD: Cash/	Check/MO lumber:	□ MasterCare		TOTAL F	FEES:	
L C C A L L	evel 1 Package \$125.00 Ilinic Discount Pass Separate Form One-day Clinic \$55.00 Idd extra for Cat Skiing \$20.00 2, L3 Assessments/per day \$80.00 evel 2, 3 Written Test \$12.00 ecture \$20.00 per session	PAYMENT METH	OD: Cash/ Account N	Check/MO lumber:	□ MasterCare	d V	TOTAL F	FEES: Discover	Am. Express
L C C A L L L	evel 1 Package \$125.00 Plinic Discount Pass Separate Form One-day Clinic \$55.00 Edd extra for Cat Skiing \$20.00 2, L3 Assessments/per day \$80.00 evel 2, 3 Written Test \$12.00 ecture \$20.00 per session SELEASE (print name) Privision (hereafter "PSIA-I") or American Assessments (print name)	PAYMENT METH Please	OD: Cash/ Account N a bill my credit of the count of the	Check/MO lumber: card. Signa e requested to	MasterCare MasterCare ture: a attend the Profe Division (hereafted)	d V	TOTAL F	FEES: Discover Discover Discover	Am. Express
L C C A L L L L D b sı	and skillfully participate in the assessive steed 1 Package \$125.00 Package \$125.00 Package \$125.00 Package \$125.00 Package \$125.00 Package \$125.00 Package \$125.00 Package \$125.00 Package \$120.00 Package \$120.0	PAYMENT METH Please ociation of Snowbor or examiner (here event I fully unders	Account N abili my credit of the part instructors in the part instructors in the part in	Check/MO lumber: card. Signa e requested to termountain litators"). As a sole response	MasterCard MasterCard ture: Division (hereafter a professional skibibility for my pers	essional SI er "AASI-l' or snowb	TOTAL F isa	FEES: Discover Discover Of America In the or certification corresponding to the control of the	termountain on function led need skier or ance. I am fully
L C C A L L L L D b si a a P	and skillfully participate in the assessive sevel 1 Package \$125.00 Plinic Discount Pass Separate Form One-day Clinic \$55.00 Edd extra for Cat Skiing \$20.00 Plinic \$20.00	PAYMENT METH PAYMENT METH PAyment of Snowbor or examiner (here event I fully unders g associated with t irectors, employee	Account N about the bill my credit of the b	Check/MO lumber: card. Signa e requested to intermountain litators"). As a e sole responsing the possible ents, membe	MasterCare MasterCare o attend the Profe Division (hereafte a professional ski sibility for my pers ility of serious inj r ski areas, spons	essional SI er "AASI-I" or snowl safe ury and de sors, and a	TOTAL F isa	r of America In n or certification ctor or experience, and performation and an and a december of the second	termountain on function led need skier or ance. I am fully ever discharge all claims,
L C C A L L L L D b si a' P ir e'	evel 1 Package \$125.00 Ilinic Discount Pass Separate Form One-day Clinic \$55.00 Idd extra for Cat Skiing \$20.00 2, L3 Assessments/per day \$80.00 evel 2, 3 Written Test \$12.00 ecture \$20.00 per session SELEASE (print name) ivision (hereafter "PSIA-I") or American Assorty a PSIA-I or AASI-I designated clinic leader ya PSIA-I or AASI-I designated clinic leader ware of the risks of skiing and snowboarding SIA-I/AASI-I and PSIA/AASI, their officers, dipuries, damages, expenses, or actions arising ventuality will suit be filed against PSIA-I/AA	PAYMENT METH PAYMENT METH Payment of Snowbor or examiner (here event I fully unders g associated with t irectors, employeeing from or related SI-I or PSIA/AASI-I	Account N Account N a bill my credit of the count of th	Check/MO lumber: card. Signa e requested to the termountain literators"). As a second responsing the possible ents, member on in the PSIA-rectors, empl	MasterCare MasterCare MasterCare a attend the Profe Division (hereafter Division (hereafter Division (sibility for my pers Division (sibility for my pers Division (sibility for my pers Division (hereafter Division (hereafte	essional Si er "AASH" or nal safe urry and de sors, and de ed event a	TOTAL F isa	r of America In nor certification cor experience, and perform any and a no circumstance is areas, or spo	termountain on function led nace. I am fully ever discharge all claims, ces or onsors for any
L C C A L L L I, D b si a' P irre' irrai	and skillfully participate in the assessive steels evel 1 Package \$125.00 Inic Discount Pass Separate Form One-day Clinic \$55.00 Inic Separate Form One-day Clinic \$20.00 Inic Separate Form One-day Clinic \$20.00 Inic Separate Separate Form Separate Separate Separate Form Separate Sepa	PAYMENT METH PAYMENT METH Please ociation of Snowbor or examiner (here event I fully unders g associated with t irectors, employee ing from or related SI-I or PSIA/AASI-gram. I also agree y the Professional in the professio	Account N abili my credit of the stand and accept his event, including set, facilitators, ago to my participation, their officers, distonic organization of the skill instructors of the skill inst	card. Signa e requested to the remountain litators"). As a sole responsing the possible ents, memble arectors, employ reference all America. An	ture: Date of attend the Profe Division (hereafte a professional skipibility for my persolility of serious injing riski areas, sponsoroyees, facilitators of the provisions o	essional SI er "AASI-I" or snowb sonal safe ury and de sors, and a ed event a s, agents, if the Utah not exhibit	TOTAL F isa	r of America In nor certification ctor or experier, and performa elease and fore from any and a no circumstancia areas, or spong Act (when a necessary to	termountain on function led need skier or ance. I am fully ever discharge all claims, ces or onsors for any applicable), ski/board
L C C A L L L I, D b si a' P irre' irrai	evel 1 Package \$125.00 Ilinic Discount Pass Separate Form One-day Clinic \$55.00 Idd extra for Cat Skiing \$20.00 2, L3 Assessments/per day \$80.00 evel 2, 3 Written Test \$12.00 ecture \$20.00 per session SIALEASE (print name) ivision (hereafter "PSIA-I") or American Asson y a PSIA-I or AASI-I designated clinic leader of the risks of skiing and snowboarding SIA-I/AASI-I and PSIA/AASI, their officers, disjuries, damages, expenses, or actions arising ventuality will suit be filed against PSIA-I/AA hijuries resulting from participation in this pro-	PAYMENT METH PAYMENT METH Please ociation of Snowbor or examiner (here event I fully unders g associated with t irectors, employee ing from or related SI-I or PSIA/AASI-gram. I also agree y the Professional in the professio	Account N abili my credit of the stand and accept his event, including set, facilitators, ago to my participation, their officers, distonic organization of the skill instructors of the skill inst	card. Signa e requested to the remountain litators"). As a sole responsing the possible ents, memble arectors, employ reference all America. An	ture: Date of attend the Profe Division (hereafte a professional skipibility for my persolility of serious injing riski areas, sponsoroyees, facilitators of the provisions o	essional SI er "AASI-I" or snowb sonal safe ury and de sors, and a ed event a s, agents, if the Utah not exhibit	TOTAL F isa	r of America In nor certification ctor or experier, and performa elease and fore from any and a no circumstancia areas, or spong Act (when a necessary to	termountain on function led need skier or ance. I am fully ever discharge all claims, ces or onsors for any applicable), ski/board
L C C A L L L I, D b si a' P irre' irrai	and skillfully participate in the assessive steels evel 1 Package \$125.00 Inic Discount Pass Separate Form One-day Clinic \$55.00 Inic Separate Form One-day Clinic \$20.00 Inic Separate Form One-day Clinic \$20.00 Inic Separate Separate Form Separate Separate Separate Form Separate Sepa	PAYMENT METH PAYMENT METH Please Occiation of Snowbor or examiner (here event I fully unders g associated with t irectors, employee ng from or related t SI-I or PSIA/AASI- gram. I also agree y the Professional t ther product or re	Account N	check/MO lumber: card. Signa e requested to the termountain litators"). As a sole responsing the possible ents, membe on in the PSIA rectors, empl / reference al America. Any have fully re	ture: Date of attend the Profection of the Professional skip sibility for my persolity of serious injection of the provisions of the prov	essional SI er "AASI-I" or snowb sonal safe ury and de sors, and a ed event a s, agents, if the Utah not exhibit	TOTAL F isa	r of America In nor certification ctor or experier, and performa elease and fore from any and a no circumstancia areas, or spong Act (when a necessary to	termountain on function led need skier or ance. I am fully ever discharge all claims, ces or onsors for any applicable), ski/board

Mail or Fax your completed registration form to:

▼ TELEPHONE REGISTRATIONS NOT ACCEPTED

7105 South Highland Dr, Suite 201 Salt Lake City, UT 84121

v: 801 942-2066 e: admin@psia-i.org

Completed registration form and payment must be in the Division office at least 2-weeks prior to the event date. Postmarks not accepted. Applications not received by event deadline (two weeks prior) are subject to a \$20 non-refundable late processing fee. REFUNDS: Notice given office before deadline, 100%; notice after deadline but before event, 50%; no notice given before event NO REFUND.



PRSRT-STD
US. POSTAGE
PAID
SLC, UTAH
PERMIT NO. 2010

The Instructors EDGE

A publication of: PSIA Intermountain Division, AASI Intermountain Division 7105 Highland Dr., Suite 201 Salt Lake City, Utah 84121



Dues Payment Revised

Dues invoicing has changed this season. If you have paid dues for the 2009/2010 season, your membership is valid through 6/30/2010. Intermountain will

be sending statements in the spring for payment of dues for the 2010/2011 season. Online payment processing will be available through the National website in the spring as well.

If you would like to pay early, as you

have been accustomed in the past, you can send in payment for the 2010/2011 season to our office and we will apply payment to the season beginning 7/1/2010. \$83 for Level 1 members and \$90 for Level 2 & 3 members.