

Winter 2012 VOLUME 34 NUMBER 2



The Professional Ski Instructors of America
The American Association of Snowboard Instructors

Intermountain



PSIA Intermountain Alpine DECLs pose in their new DNA uniforms during early winter training at Alta.

Grand Targhee - Spring Clinic 2012 - Grand Targhee

The Intermountain division is proud to hold the 2012 annual Spring Clinic event at the Grand Targhee Resort April 13-15. If you haven't visited this Teton gem this is your opportunity. Come up for two or three days of skiing with the Intermountain DECL staff or some of our special guests.

Over forty years ago local skiers in Teton Valley realized their dream of opening a lift served resort on the west slope of the magnificent Grand Tetons. Grand Targhee Resort was born! Since then many major base area improvements, added terrain and upgraded chairlifts make Grand Targhee a true gem among the Intermountain resorts.

Unmatched, corduroy groomed trails and legendary knee deep powder provide an all mountain riding experience to be remembered for many seasons to come. The key is the more than 500 inches of light fluffy powder that

Seeking BOD Members

Volunteering has become a big part of our society. School programs, snow sport programs and many others have initiated and encouraged members to volunteer their time. Volunteering can be rewarding and satisfying. fall on the backside of the Tetons (the snowier Western side) each year. And, if you like freestyle, Grand Targhee has two terrain parks plus awesome natural freestyle terrain as well.

Here are some mountain statistics that just might whet your appetite for joining us at this years annual Spring Clinic:

- ◆ Total Acreage: 2602
- Annual Average Snowfall: 500+ inches/41+ feet
- ◆ Vertical Drop: 2270
- Base Area Elevation: 7851 feet
- Number of Lifts: 5

continued on 6



Spring Clinic	Children
Education 6 Making progress.	National



President's Message

By Christine Katzenberger, PSIA-I/AASI-I President

I hope everyone had a wonderful holiday and Happy New Year. I realize we've all had a rough start to the season with our limited snow coverage, but hopefully you've gotten to some Divisional clinics and events at your own resort that have added up to some fun. Thank

you to all who attended our Ed College early this season.

I'd like to start by congratulating the 2012–2016 team coaches who were chosen by PSIA/AASI. They are Lane Clegg, who has been hired as the AASI Snowboard Team coach, Scott McGee for the PSIA-AASI Nordic Team coach and Rob Sogard as PSIA Alpine Team coach. We are privileged to have these individuals as part of our division. Many of you may have read that Kim Seevers will be the PSIA-AASI Adaptive Team coach.

I hope that you filled out the survey that was sent to you by the national office. The survey was initiated when the division presidents voiced concerns about a dues increase from the national office and asked national to produce a survey to open dialog with the membership. The presidents have been concerned that the member voice is not clearly understood by national. The nine division offices and the national office are all considered separate legal entities. This has recently changed the dynamics of our national board representative. Originally the board representative we chose to represent our division would voice Intermountain's needs and concerns at their meetings.

As described recently by PSIA/ASSI Rocky Mountain President Joel Munn, due to the changes in structure a division "representative to the National Board has a legal and binding fiduciary responsibility to vote exclusively with National's best interest in mind. Our national representative is OUR representative in name only. Although they will represent their division's position on issues, in the end they must vote to support the health and welfare of their corporation (National), on whose board they sit. To clarify, the National Rep. holds a seat on the Intermountain Board, yet it is an Ex Officio (nonvoting) position only, and thus their fiduciary responsibility is ultimately to the National Board."

The division presidents and National have discussed their roles and what each brings to the membership. As many of you may know the divisions where created by the membership in order to bring structure to their individual areas. As presidents we understand that there are particular cultures within each division. In my opinion the National office seems to be trying to mold each division and member into a particular box. Members have various needs which the division offices work hard to satisfy. Many of the presidents feel that the National office should stand as a partner and supporting service to the divisions. The divisions are the direct connection to the member and many times understand their specific needs and desires. These may range from carrying the member who is delinquent on educational credits or dues to working with members who may not be currently employed by a member school. Currently there are no formal agreements between the divisions, nor

continued on 10

The Instructors EDGE

The Instructors EDGE, official publication of the Professional Ski Instructors of America Intermountain Division and the American Association of Snowboard Instructors Intermountain Division, is scheduled to be published three times a year at a nonmember subscription rate of \$15.

Opinions presented in the EDGE are those of the individual authors and do not necessarily represent the opinions or policies of the Professional Ski Instructors of America, Intermountain or the American Association of Snowboard Instructors, Intermountain. Submission of articles and photos is encouraged. Contact the editor.

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Stephen Helfhenbein

Alpine DECL Logistics Manager.

Dustin Cooper

Snowboard Manager: Open Nordic Manager: Mike Shimp Adaptive Manager: Kristen Caldwell Children's Manager: Mark Nakada Ski School Management Committee: Brian Maguire

Current Board Members

2009-2012: George Ator (for Jess King), Nancy Kronthaler, Rich McLaughlin, JasonPellegrini, Leslie Blank (for Kathleen Roe)

2010-2013: Shannon Highlander, Dave Butler (for Danny Edwards), Anita Oliveri, Tony Fantis, Chris Katzenberger

2011-2014: Carl Boyer, Emma Franzeim, Sandy Sandusky, Joe Waggoner, Mary Flinn Ware



PSIA/AASI Intermountain Spring Clinic



Grand Targhee Resort Lodging Options (On Mountain)

Lodging Accommodations: Targhee Lodge

Arrival Date: 4.12.12 Departure Date: 4.16.12 Room Type: 2 Doubles Room Block: TBD Rates: \$76.00 per night, plus tax and resort fee

Lodging Accommodations: Teewinot Lodge

Arrival Date: 4.12.12 Departure Date: 4.16.12 Room Type: 2 Queens Room Block: 30 Rates: \$112.00 per night, plus tax and resort fee

Lodging Accommodations: Sioux Studio

Arrival Date: 4.12.12 Departure Date: 4.16.12 Room Type: 1Q, 1BB Room Block: TBD Rates: \$132.00 per night, plus tax and resort fee

Lodging Accommodations: Sioux Loft

Arrival Date: 4.12.12 Departure Date: 4.16.12 Room Type: 1D, 1BB Room Block: TBD
Rates: \$146.00 per night, plus tax and resort fee

Lodging Accommodations: Sioux 2BR

Arrival Date: 4.12.12 **Departure Date:** 4.16.12

Room Type: 1QMurphy, 1Q, 2BB **Room Block:**

TBD

Rates: \$209.00 per night, plus tax and resort fee

Grand Targhee Resort Lodging Options (Off Mountain):

Lodging Accommodations: Off Mountain Lodging, **3 nights stay** please contact a reservations specialist for bedding options

Arrival Date: 4.12.12 Departure Date: 4.16.12

Unit Description Unit Price

VR1 (1br condo) \$104.00 per night, plus tax and resort fee
VR2 (2br condo) \$132.00 per night, plus tax and resort fee
VR3 (3br condo) \$153.00 per night, plus tax and resort fee
VS2 (2br town home) \$132.00 per night, plus tax and resort fee
VS3 (3br town home) \$153.00 per night, plus tax and resort fee

Minimum 3 nights stay with group discount

Lodging Accommodations: Off Mountain Lodging, **2 nights stay** please contact a reservations specialist for bedding options

Arrival Date: 4.12.12 Departure Date: 4.16.12

Unit Description Unit Price

VR1 (1br condo)

\$149.00 per night, plus tax and resort fee
VR2 (2br condo)

\$189.00 per night, plus tax and resort fee
VR3 (3br condo)

\$219.00 per night, plus tax and resort fee
VS2 (2br town home)

\$189.00 per night, plus tax and resort fee
VS3 (3br town home)

\$219.00 per night, plus tax and resort fee

Minimum 2 nights stay with group discount

Event Ticketing

There will be a \$20.00 daily lift ticket fee for all participants and participant family members. A valid PSIA identification must be shown to purchase daily lift tickets for all participants and participant family members.

Lodging Reservation Information

Please contact GRAND TARGHEE RESORT on the toll-free conference line at (800) 827-4433.

To receive the contracted group rates, attendees must identify their group affiliation when making their reservations. The name of your group should be referenced as PSIA.

Lodging Deposits, Payments and Cancellations

Grand Targhee requires a deposit at booking of one night's stay plus tax. Payment in full is due 30 days prior to arrival. If cancellation is outside of 30 days, Targhee will refund the initial advance deposit less a \$25.00 cancellation fee. Targhee does process FULL payment 30 days prior to arrival. If you cancel within 30 days and before 14 days, Targhee will refund the FULL amount less the initial advance deposit. In the unlikely event you need to cancel within 14 days, you forfeit the entire amount.





SPRING CLINIC TOPICS SPRING CLINIC TOPICS SPRING CLINIC TOPICS

Multi-Discipline

Saturday and Sunday

Big Mt

(See topic description under Alpine Clinics)

Saturday

Terrain Park Basics for Alpine and Telemark Skiers

(See topic description under Nordic Clinics)

Alpine Clinic Topics

Saturday and Sunday

Precision skiing technique

This clinic will take place primarily on groomed terrain. The day will be focused on techniques that lead to greater skill accuracy and improved ski performance.

All mountain skiing tactics

This clinic will take place primarily on non-groomed surfaces. Tactics for greater efficiency, fun, flow and control will be explored and put into practice.

Big Mt (multi discipline)

This clinic will take place primarily on non-groomed surfaces. Get introduced to the philosophy, tactics and technique of big mountain riding. This topic is open to Alpine, Nordic and Snowboard riders.

Legends

Come ski with legends of the Intermountain Division!

Women's Day

Chick Rip! Come rip together with some of our awesome women clinic leaders.

Video

Improve your skiing with the use of indoor video movement analysis of your skiing. We will capture video of your skiing and then come inside and check it out. (Additional \$20 video lab fee.)

Snowboard Topics

Saturday

Snowboard Movement Analysis

For intermediate to advanced riders. You will analyze and critique the riding of other members of your group. Other members of the group will critique and/or videotape your riding. The course will review techniques to accurately observe and concisely describe snowboarding. You will practice using assessment techniques to develop a more accurate knowledge of cause and effect relationships between rider and snowboard.

Sunday

What kind of board do you ride?

For intermediate to advanced riders. Achieve personal riding improvement by discussing and experimenting different types of snowboards. Come to this course prepared to try new things. This course will give you ideas and information that you can use to push your riding and teaching to a new level. You will develop information used for personal riding improvement into practical teaching tools that can be used with your students.

Nordic Clinic Topics

Saturday

Telemark: Terrain Park Basics for Alpine and Telemark Skiers

Grant Bishop, PSIA-I Telemark DECL, Park and Pipe Specialist, 1st Place Finisher, Targhee Tele Jib Contest This clinic will teach the basics of freestyle skiing on both alpine and telemark gear, as well as how to teach basic park progressions to students. Topics covered will include switch, flatspins, jump features, basic sliding on boxes, and progressions for 180s and 360s. While the topics sound intimidating, this clinic is open to everyone who wants have fun and explore the opportunities and challenges terrain parks provide for both instructors and students. Led by Grant Bishop, a Park and Pipe certified alpine skier and Nordic DECL, this clinic will give you a solid foundation for understanding and teaching park skills in a supportive environment designed to expand your skills while staying within your comfort level in the park.

Telemark: Ten Tele Myths

J. Scott McGee, National Nordic Team Coach, PSIA-I Nordic DECL, Jackson Hole Nordic Senior Manager Is Lead Change a Rotary movement? Can countering create edge? In this fun-formatted clinic we'll hit on some of the top misconceptions in Tele skiing and teaching and their bio-mechanical relevance, such as how front foot dominance affects the need for countering movements. You'll come away from this clinic with a new understanding of Tele technique and teaching, and a few things to work on your own. This clinic is for the solid tele'er comfortable up through blue off-piste terrain.

Track Clinic: Getting into Skinny Gears

Steve Neiner, PSIA-I Nordic DECL, Education Specialist Don't know any gears? Let's learn some! Know all the gears? Let's explore the subtle variations that make them more efficient. This clinic is designed for beginners and those who want to focus on technique and will get you moving around the track and having fun right away! The morning will be spent on skate skis and the afternoon on classic skis. This clinic is open to all ability and fitness levels, so come on out and get skinny skiing! Rental gear is available at Grand Targhee if you want to try something new but don't have your own gear.

Sunday

Telemark: Conditions du Jour for Tele

Ann Schorling, PSIA-I Telemark DECL, Jackson Hole and Grand Targhee Telemark Trainer
How do daily changes in conditions affect the way we telemark? Come ski with Ann Schorling, a Targhee local for eight years, to find out! Open to all ability levels, let's go have some fun on the snow and see how to get the most out of each day on the snow. Topics covered will be determined by the desires and abilities of the group and centered on the opportunities available on the day of the clinic. Participants can expect to gain new tips and ideas to expand their understanding of telemark skiing, and improve both personal skiing and teaching skills.

Telemark: Tactical Tele Skiing

Mike Shimp, PSIA-I Nordic Manager & DECL, Lead Nordic Trainer at Jackson Hole How can you have the most fun tele skiing? By making good choices based on terrain conditions and ability levels! Starting with two basic turn shapes for speed control, this clinic will explore terrain and experiment with the tactical options available based on conditions and abilities. Open to intermediate and above tele skiers, the focus will include exploring student options and management for safety and reduction of both perceived and objective risks. The goal of the day is to have fun and share experiences and leave with a good understanding of how to make choices off piste that inspire the group, as well as their future students, to play in terrain with confidence.

Track Clinic: The Big Bag of Track Skiing Tricks

Steve Neiner, PSIA-I Nordic DECL, Education Specialist Do you want to learn the best tools for teaching on the tracks? Come have some fun on the great track system at Grand Targhee while you learn to help yourself and others improve on the tracks by sharing the tricks and techniques that have the most to offer, both skate and classic. This clinic will focus on a variety skills and drills in order to take a broad look at track skiing skills, how to improve yours, and how to recognize and evaluate these skills in others. Open to all ability and experience levels, the morning will be spent on skate skis and the afternoon on classic skis. Rental gear is available at Grand Targhee if you want to try something new but don't have your own gear.

Children

Saturday and Sunday

Bag O' Tricks

Have you ever wondered why some exercises, drills, and games work for some age groups, but not others? Explore, learn and share experiences about how kids - and adults - learn, act and move at different ages and add to your bag of tricks. Clinic emphasis based on the group's desires. All disciplines welcome.



PSIA-Intermountain-AASI SPRING CLINIC CELEBRATION April 13-15, 2012



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YOUR CURRENT MEMBERSHIP STATUS ☐ Entry Level ☐ Level I ☐ Level II ☐ Level III	NATIONAL IC	NUMBER	INDICATE DIS		FOR THIS	S EVENT □ Nordic	☐ Adaptive
Spring Clinic Package April 13, 14, 15 \$195.	,					\$	
Includes Friday Ski/Ride with DECL, Saturday a April 13 Ski/Ride Grand Targhee with a DECL Check Saturday and Sunday topics on back of	(With Clin		only, no add			heck if atte	ending.) 🗖
April 14 Single Day, \$75.00 (+ lifts)	Check S	aturday to _l	oic on back	of form		\$	
April 15 Single Day, \$75.00 (+ lifts)	Check S	unday topi	c on back o	f form		\$	
Video Clinic Lab Fee \$20.00						. \$	
Extra Souvenir \$15.00 Each						\$	
Extra Banquet Tickets \$40.00 Each						\$	
Late Fee after March 30, \$20.00						\$	
	☐ Chec	k for Vege	etarian Band	quet	TOTAL	. \$	
PAYMENT METHOD: ☐ Cash/Check/MO ☐ MasterCar	d □ Visa	☐ Discover	☐ Am. Expr	ess			
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Registration Instructions, Condition MAIL APPLICATION WITH PAYMENT TO: PSIA 7837. Prices do not include lift fees: \$20 per day accepted only on space availability and charged No refunds unless injured (doctor statement requ guest participants subject to change due to weath	A-I 7105 High PSIA/AASI r a \$20 late fe iired) less \$2 her, snow co	lland Drive nembers. A e. Space is 0 administ nditions ar	#201, Salt L Application re Imited, regi ration fee. P Ind other facto	ake City eceived estration LEASE ors.	y, UT 841 after Mai is not gu NOTE: A	121 or fax t rch 30, 201 ıaranteed u II clinics, e	o 801-942- 2 will be until confirmed. events and
LIABILITY AND RELEASE: Recognizing that skiin DISCHARGE PSIA-I/AASI-I, the host area and a nature arising during or in connection with the content relinquishes and assigns to PSIA-I/AASI-I all right photographs, motion pictures or other representations.	gents and er nduction of tl its to the use	nployees on the event for of Applica	of each from or which this nt's name ar	liability applicat nd likene	for any a tion is ma ess or pic	nd all injuri ade. Applica ctorial repre	es of whatever ant hereby

! ** ! **

Please bill my credit card. (Read submission instructions above.)

Signature: _____

I have read and accept the Liability and Release conditions.

RETURN THIS SHEET WITH YOUR REGISTRATION FORM

NAME:	

Clinic Topic Selection

	ect a Saturday and Sunday topic if choosing the day clinic topic if attending individual days.	ie Spring	g Clinic Package or select a Saturday and/or
Sat	turday April 14 Clinic Topics	Su	nday April 15 Clinic Topics
Alp	ine	Alp	ine
	Precision skiing technique		Precision skiing technique
	All mountain skiing tactics		All mountain skiing tactics
	Big Mt (multi discipline)		Big Mt (multi discipline)
	Legends		Legends
	Women's Day		Women's Day
	Video (requires \$20 video lab fee)	ω,	Video (requires \$20 video lab fee)
Sno	owboard	Sno	owboard
	Snowboard Movement Analysis		What kind of board do you ride?
Nor	rdic	No	rdic
	Telemark: Terrain Park Basics for Alpine and		Telemark: Conditions du Jour for Tele
	mark Skiers		Telemark: Tactical Tele Skiing
	Telemark: Ten Tele Myths		Track Clinic: The Big Bag of Track Skiing Tricks
	Track Clinic: Getting into Skinny Gears	Chi	ildren
Chi —	ldren		Bag O' Tricks
	Bag O' Tricks		



April 13-15, 2012





Alpine Education

By Stephen Helfenbein, PSIA-I Education Manager

Progress, not perfection!

This is the mantra of my strength and conditioning coach. During our training sessions I am constantly challenged. We regularly perform combinations of

complex movement that are relatively new to me. The goal is often the same: movement that is efficient and powerful. These sessions are hard not only because of the physical demands created by the coach but increased by the demands I impose on myself. It's frustrating to be "not perfect" at something.

Progress for me only comes with practice. Practice with reduced demands (ie. lighter weight, slower pace, away from judging eyes) helps a lot. Feedback from my coach that is movement specific, simple and concise also really increases the speed of my progress.

A huge key is that he does not judge me by the same standard I impose on myself. Anything less than perfect is not failure. He most values progress.

Even though I am not performing to the level I desire this process produces physical and measurable results. It also produces something else just as important to me: it makes me feel good! Progress, not perfection!

On the skiing front...

As you read this we are either ready to commit mass ritual suicide due to the excruciating length of this winter's dry spell or totally ecstatic that some relief has arrived. Either way you can look forward to something fun this April: Spring Clinic!

Spring Clinic 2012 will be hosted by Grand Targhee. Join the Intermountain educational staff at this great resort and have some fun, get some educational credit and learn something to cap off the season right. We will have a variety of clinic topics that you won't find the rest of the year. Check out psia-i.org for a complete description of what we are offering.

I will be there. Maybe I will get to help you make a little progress of your own. ■

Intermountain Adaptive

By Tera Adams and Kristen Caldwell

The National Ability Center is pleased to announce the addition of the Stalmach Quan Ski Bike to the NAC's fleet, adding yet another adaptive option for snow sports. We are the first adaptive program ever to purchase the Quan. Stalmach is a German Manufacturer; the ski bike is distributed by The Corporation for Recreational Transporta-

tion, LLC in North America.

Unique features for the bike include:

- The skier wears snow blades on their feet, thus complying with the "No Foot Passengers" rule that many resorts have for lift s.
- The skier may remain on the bike while riding the lift, rather getting off and loading it separately.

continued on 9

Spring Race Training Series

Are you a masters ski racer? You've never been in a race course!

Either way PSIA Intermountain is putting together an excellent opportunity to run some gates. Race training is an excellent compliment to your ski instructor skill set. Racers and race coaches talk about and use the same fundamentals as you. So, come to Snowbird this spring for the Spring Race Training Series April 20-25 to cap your year off with some slalom and giant slalom training.

- April 20 and 21 will be for novice and beginner racers.
- April 22 and 23 will be devoted to GS gate training.
- ◆ April 24 and 25 is Slalom gate training.

The PSIA-I educational staff has several qualified and experienced race coaches. They will be there to share their expertise and wisdom of slalom and GS tactics and technique.

If you have a ski instructor friend from out of town who wants to participate, discounted lift tickets and room rates are available.

Alpine Cert Manager Sought

PSIA/AASI Intermountain is seeking individuals interested in the Alpine certification manager position. A job description is available through admin@psia-i.org.

Interested individuals need to submit a resume and letter of intent describing their background and why they seek the position. Please submit documents by April 30, 2012. Individuals will be interviewed in the weeks following the deadline. Past and current DECLs are encouraged to apply.



TARGHEE continued from 1

Fred's Mountain

- 2176 foot vertical drop
- quad chairs (1 high-speed); 1 double chair, 1 Magic Carpet Conveyor Lift
- ◆ 10% Easier; 70% More Difficult; 20% Most Difficult
- ◆ Summit elevation 9862 ft
- ◆ Longest run at resort 2.7 miles (Teton Vista Traverse)

Peaked Mountain

- ◆ 2180 foot vertical drop
- 1 high speed quad chair
- ♦ 85% More Difficult; 15% Most Difficult
- Summit elevation 9830 ft
- 602 acres reserved exclusively for Snow Cat Adventures

Mary's Nipple

- ◆ In-bounds, hike-only terrain
- Summit elevation 9920 ft

Friday is a great day to come up and free-ski with friends or family, on your own or with a group.

Saturday and Sunday will feature a full agenda of clinics for your entertainment and education. All topics and their descriptions are listed in the Edge.

Please visit psia-i.org/aasi-i.org for more information regarding lodging options and prices. Check back every now and again for updated information and offerings.

It's going to be a great time! We hope to see you there.

BOD Meeting

The next meeting of the PSIA/AASI Intermountain Board of Directors is scheduled to be held May 18 and 19, location TBA. Members may attend and observe board meetings.



Communications Report

By Nancy Kronthaler, PSIA-I/AASI-I Communications VP

With a late start to winter, it hardly seems possible we are already looking ahead at the middle of the season.

Our calendar is full of events to meet everyone's desires. No matter what your goals are – certification, further education, personal ski improvement, meeting others who

share your interests – there are events available to help you meet those goals.

There are three major events that will end the season: Spring Clinic at Grand Targhee April 13, 14 and 15, race clinics April 20 – 25 at Snowbird, and Big Mountain Ski Clinic at Snowbird April 30 – May 1.

Spring Clinic is an event we all look forward to. It's a festive time to enjoy great spring skiing, a great silent auction and banquet to reacquaint with old friends and new. Targhee is offering a great getaway for those near and far, in addition to its great terrain. It will be an opportunity for out of town guests to take extra days to explore the surrounding area, including the town of Jackson, Grand Teton National Park, and Yellowstone National Park. We hope you can join us!

Each year we have our Silent Auction at Spring Clinic to raise money for our scholarship program. We encourage members to donate to this worthy cause and bring items to the office by Friday, April 6 to be auctioned at this event. Thank you for your participation!

Our race clinics at Snowbird offer you a great opportunity to learn racing skills and challenge yourself in the gates, whether you are just learning or have previous race experience. The two-day "Learn to Race" program is designed for the person that wants to learn more about the race process. It includes race drills to hone in and enhance your skills to make you more efficient in the gates and improve your overall skiing. The two-day course also features course preparation and safety procedures in the race arena. If you have never raced, this is designed for you! The GS and slalom days are designed for the more advanced racers, and they also include drills to perfect skills in the gates, timing and course safety and maintenance. A staff of recognized coaches and DECLs will run these clinics. Helmets and goggles are mandatory to participate.

A clinic not to miss is our Big Mountain Ski Clinic at Snowbird April 30 – May 1. This event is designed for upper level skiers to improve their Big Mountain skiing and to better understand the technical and tactical approach to skiing different exposures and snow conditions. Groups of different levels of experience will be formed depending on participation.

Board elections are around the corner. Each year we fill four seats. We encourage members in good standing to run at large or represent their region. A brief biography stating your intent to run plus a passport picture and five signatures of verification from members in good standing are due in the office by Feb 15. This is a three-year position. Board members have the opportunity to be a part of the decision-making for our division.

We are grateful for your ongoing support for our division and your involvement in our education and certification programs. We encourage constructive suggestions that would help improve our division and be a benefit to our membership.





Children's Corner

By Mark Nakada, PSIA-I/AASI-I Children's Manager

Aloha! I hope you're having a great ski season!

The Children's Specialist (CS) Program continues to be well received across the country. The National Children's Task Force met during the off-season to review and evaluate the CS program, and although the CS 1 and

CS 2 standards remain unchanged, the Intermountain team has made a few division-specific updates to the curriculum and workbooks for this season. Please visit www.psia-i.org to download the latest versions.

In addition to our CS certificate programs, we're also offering several "Bag O'Tricks" lectures and clinics geared towards increasing your knowledge base. Please refer to the online calendar for an event in your area. For your information:

- What do I do, if I already have my Accredited/Advanced Children's Educator (ACE) I and/or II certificate? Your ACE now Children's Specialist 1 and 2 credentials are nationally recognized across all nine divisions. For those professionals that have their ACE 3 certificate, that certificate will still be recognized within Intermountain division.
- ◆ *Do I need a "new" CS certificate, if I have an ACE certificate?* No, your ACE certificate is still valid.
- ◆ What do I do, if I have an international children's certificate/accreditation? Please contact the Office for more details.

If you're looking to add to your library, we have a number of manuals and "teaching aid" handbooks available for sale - including the updated PSIA/AASI Children's Manual. Please contact the Office for more details.

Thanks for your support. We look forward to seeing you at one of our events this year. $\hfill\blacksquare$

ADAPTIVE continued from 7

- ◆ The bike has an adjustable instructor assist bar on the rear of the bike. The bike can also be tethered from the handle bar.
- The seat is adjustable, accommodating a wide height range.
- The shock connecting the front ski to the handle bar can adjust to accommodate all terrain from easy green to the back bowls.

The Quan comes with three different choices for foot skis: one that is fixed to the ski giving maximum support to the rider, one that allows the rider some control of foot placement, and a third that allows the rider to completely control their feet, unattached to the bike.

Ski bikes in general are ideal for clients who may have lower limb weakness and/or balance difficulties, yet do not need the full sit down option. They are also easier to learn than sit skis, getting the student having fun on the hill faster!

For more information on Stalmach Ski Bikes visit www.Skibike.us. For more information on ski bikes in general, visit www.ski-bike.org,

**Please note that some resorts do not allow ski bikes or allow them for adaptive purposes only.

AASI Events Update

Date	Day	Event	Location	Mar-11	Sun	Target Practice (2) (new)	(date change)	Powder
Feb-11	Sat	Basic Training (1) (new)	Brian Head	Mar-12	Mon	Target Practice (3) (new)	(date change)	Snowbasin
		0		Mar-21	Wed	Freestyle Camp		Park City
Feb-12	Sun	Level 1 Assessment	Brian Head	Mar-22	Thu	Freestyle Camp		Park City
Feb-13	Mon	Lev 2 Ammo (date change)	Park City	Mar-23	Fri	Freestyle Accreditation		Park City
Feb-15	Wed	Level 2 MIA	Park City	Mar-23	Fri	Basic Training (1) (new)		Powder
Feb-16	Thu	Level 2 Boot Camp	Snowbird	Mar-24	Sat	Level 1 Assessment		Snowbasin
Feb-17	Fri	Target Practice (2) (new) (date change)	Canyons	Mar-26	Mon	Level 2 Assessment		Jackson
Feb-28	Tue	Lev 3 Ammo (date change)	Jackson	Mar-27	Tue			Jackson
Feb-29	Wed	Level 3 MIA	Jackson			Level 2 Assessment		
Mar-01	Thu	Level 3 Boot Camp	Jackson	Mar-29	Thu	Level 3 Assessment		Jackson
Mar-02	Fri	Target Practice (3) (new) (date change)	Targhee	Mar-30	Fri	Level 3 Assessment		Jackson
	Fri		•	Apr-02	Mon	Level 2 Assessment		Snowbird
Mar-02		Basic Training (1) (new)	Brighton	Apr-03	Tue	Level 2 Assessment		Park City
Mar-03	Sat	Basic Training (1) (new)	Park City	Apr-04	Wed	Level 3 Assessment		Snowbird
Mar-04	Sun	Level 1 Boot Camp (new)	Park City	Apr-05	Thu	Level 3 Assessment		Park City
Mar-06	Tue	Lev 3 Ammo (date change)	Snowbird	Apr-13	Fri	Spring Clinic		Targhee
Mar-07	Wed	Level 3 MIA	Snowbird	Apr-14	Sat	Spring Clinic		Targhee
Mar-08	Thu	Level 3 Boot Camp	Snowbasin					•
Mar-09	Fri	Target Practice (3) (new) (date change)	Park City	Apr-15	Sun	Spring Clinic		Targhee
Mar-09	Fri	Level 1 Assessment	Snowbird	Apr-25	Wed	DECL-DCL-Emeritus TR		Snowbird
				Apr-26	Thu	DECL-DCL-Emeritus TR		Snowbird
Mar-10	Sat	Level 1 Assessment	Sundance	p. ==				



Improve Your Skiing,

Pass the Teaching

By Rodger Renstrom

The unfortunate truth about the Alpine teaching exams is that examiners rarely spend the bulk of their time testing instructors' knowledge of teaching methodology. Understanding why this is true may just help you pass your teaching exam, or at least help you become a better skier.

In order to really examine the *teaching* prowess of candidates examiners would need to spend most of their time focusing on how instructors set up practice time, structure learning for different student profiles and perhaps apply different teaching styles.

The biggest problems examiners see during teaching exams stem from a lack of understanding of skiing basics ...

Instead, the teaching skill of many candidates is overshadowed by a lack of understanding of the subject itself. For instance, a candidate can provide perfectly timed feedback to another instructor during an exam and offer it in a very constructive manner, but if the technical foundation of the feedback or the goal of the lesson is off base the whole lesson is likely to be a failure.

People generally assume that teachers understand their subject and when resorts are charging upwards of \$700 for an all-day ski lesson it's a good bet that most resort guests think their instructors know what they are talking about. However, the biggest problems examiners see during teaching exams stem from a lack of understanding of skiing basics, which dooms the teaching process.

continued on 12

National Board

By Kent Lundell, ASEA National Board Representative

If you have not been to the National web site go there. You can now use the movement matrix for free! There have been over 4,00 members that have all ready registered

On January 28th through the 31st I went to a National board meeting. At this meeting were the Divisional Presidents, Divisional Executive Directors /CEO, National Executive Director /CEO and the National Board Reps. This meeting was important because every one got together in a face to face meeting. The purpose was to see if we could get to a Divisional and a National agreement that states what the division's responsibilities are and what the national responsibilities are. There were many things discussed, how to work better with one another for the members benefit was of prime importance. Thanks to our facilitator, the group came to the conclusion that an agreement is needed. The Presidents of all nine divisions and the Chairman of the board of ASEA are going to write this agreement. If you see one of the people who is helping writing this tell them thanks for all of us. Hopefully we will se a draft soon.

PRESIDENT continued from 2

between divisions and the national association except those governing the use of our logos, and the non-binding agreement on adhering to national standards. The divisions are responsible for delivering educational clinics, assessments and maintaining their budgets to cover these expenses. National is responsible for the promotion of the PSIA/AASI affiliation, maintenance of the divisions data base, production of educational materials and support to the divisions.

I hope that you have taken advantage of the free Movement Matrix. The presidents were very vocal when the dues increase was decided upon by the National office and asked that the membership be offered a value added product. Per the November 7 email from national quoted below, we were all happy to see that the member was given a free subscription to the Movement Matrix.

"Last week, we released the news that the PSIA-AASI Education Foundation received a \$200,000 grant to support education and professional development programs. Among the projects supported by the funding is the *Movement Matrix*, which gives us the opportunity to continue developing and expanding the online tool-which currently features more than 300 video clips of real-life skiing and riding situations-without the need for financial support from subscribers."

The presidents, national board and national office will be meeting for a day and a half in late January to discuss our roles and structure of the entire organization. We are a long way from coming to any type of resolution but my hope is that we can work to find a partnership that works for all entities and especially the member who is each one of us.





2011-2012 Event Registration
Professional Ski Instructors of America Intermountain Division
American Association of Snowboard Instructors, Intermountain

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▼ TELEPHONE REGISTRATIONS NOT ACCEPTED

7105 South Highland Dr, Suite 201 Salt Lake City, UT 84121

v: 801 942-2066 e: admin@psia-i.org

Completed registration form and payment must be in the Division office at least 2-weeks prior to the event date. Postmarks not accepted. Applications not received by event deadline (two weeks prior) are subject to a \$20 non-refundable late processing fee. REFUNDS: Notice given office before deadline, 100%; notice after deadline but before event, 50%; no notice given before event NO REFUND.



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The Instructors EDGE

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TEACHING continued from 10

A holistic approach to snow sport instruction assumes the instructor takes into account the desires of the learner. But knowing what a student wants to accomplish isn't very useful if the instructor doesn't know how to reach that goal. An accurate skill assessment and plan is necessary in order for the teaching process to be successful.

Very simply, instructors have to determine an outcome for a lesson or lesson segment, identify the skill set needing improvement in order to reach that outcome and then figure out how to develop those skills through drills, practice and feedback.

Having a solid grasp of skiing fundamentals enables instructors to make an accurate skill assessment and identify an achievable outcome for a lesson. If this assessment is based on a solid understanding of skiing fundamentals, the instructor should be able to confidently orchestrate the rest of the lesson. How do you develop a solid grasp of fundamentals?

Skiing Basics

Do you truly understand the meaning of the following statements, can you simply explain them to your peers, and can you demonstrate them on your skis?

- Movements, vision, and pole action lead toward the intended direction of travel.
- Fore-aft balance is managed over the whole foot with pressure distributed appropriately along the length of the skie
- Lateral balance and pressure is managed from outside ski to outside ski through turns (the outside ski bends more than the inside ski).
- Rotational (guiding) movements of both skis originate in the lower body and utilize ski design appropriate to the task.
- Progressive increase and decrease of edge angle occurs with both skis as needed.
- Flexion and extension movements are effectively used to manage balance, pressure, and edge release and engagement.

Great coaches were not always the best athletes in their respective fields. But great coaches are almost always great students of their sport. One of the most obvious ways to become a student of skiing is to work toward improving your own skiing. This improvement requires time and lots of practice. It requires that you improve your ability to recognize great skiing so that you have a baseline to which you can compare other skiers and your own skiing. And it requires recognition of the need to change and a willingness to do so.

If you lack confidence in your ability to pass a teaching exam, it is likely that you lack the ability to accurately assess your peers' skiing skills and prescribe meaningful plans of action. And that missing element in your teaching suggests that you have a ways to go before you understand how a skier makes a ski do things on the snow. Once you do, the teaching exam won't seem so daunting.

So, if you're serious about passing a teaching assessment, improve your own skiing first. — Rodger Renstrom is editor of the Edge, a former PSIA-I certification chairperson and current DECL.