Winter 2013 VOLUME 35 NUMBER 2



The Professional Ski Instructors of America The American Association of Snowboard Instructors

Intermountain

Why I Will Always

Wear a Helmet

Vicki Martell

As snowsports professionals, most of us are active, outdoorsy-type people, and many of us have experienced some form of injury participating in these activities. Some of the most frightening injuries are to the head.

Last season, Park City Mountain Resort implemented a policy requiring all ski and snowboard school students aged 17 and under to wear a helmet. Starting this season, all instructors are required to wear helmets whenever in uniform.

Personally, I've been wearing a helmet regularly for about eight seasons, but I wanted to share the following story mainly because I'm so grateful to still be here and able to tell it. And because I think it may be a good example of how important helmets are to our safety.

On December 12, I was in a ski college group and we were doing a slow, fairly easy drill, starting from a standing stop, on relatively flat hard-packed terrain. With all humility, this is a drill that I normally do very well. Anyway, the next thing I remember is lying on the ground, dazed and disoriented, vaguely aware



Participants pose for a photo during the All Star Pro clinic at Alta Jan 14-15. The event was made possible in part by the support of Alta ski area and a grant from ASEA and the PSIA/AASI Education Foundation.

that ski patrollers were putting a collar on my neck and moving me to a backboard. I don't remember falling, and I had lost consciousness. According to observers, I apparently caught an edge, went down hard, then bounced several times. The impact cracked my new helmet and goggles. I shudder at the thought of that being my head.

At the Park City hospital emergency room they did a CT scan and found some subarachnoid bleeding, a common result of traumatic brain injury. This meant that I had to be transferred by ambulance and hospitalized at the trauma unit in Salt Lake City. The doctors told me that without a helmet, my injuries would have been much more severe. Fortunately, another CT scan showed improvement, and although I did still have a concussion, no surgery would be required.

The truth is that wearing my helmet helped me to be back on skis and teaching again three weeks later. I have a replacement helmet that I love as much as the one that saved my life.

Some people I know have started wearing helmets after hearing about my accident and I'm talking about the benefits of wearing a helmet with all of my adult students who are not in helmets. Hope everyone has a safe year!-Vicki Martell is a PSIA level II instructor in her sixteenth season at PCMR.

Board Meeting

The next meeting of the PSIA/ASSI Intermountain Board of Directors is scheduled for May 10-11.



Spring Clinic	Movement Analysis 8 Rocket science?
Passionate Learning 6 Kid's bag of tricks	Perspectives





President's Message

By Chris Katzenberger, PSIA-I/AASI-I President Why does it seem that January is ending so quickly? Crazy to think we're in 2013.

Since my last article the meeting involving talks about an agreement with National that was organized in the East with the Eastern, Rocky Mountain and Northwest divisions October 12-14 was constructive. We went

on to have good meetings in Colorado with ASEA and all the other divisions October 25-27. Some of the constructive changes are listed below.

ASEA was willing to eliminate all language that stated or implied that we were bound by their bylaws and policy and procedures.

Another key concern was the issue of transparency. In the revised national/divisional agreement, all confidentiality references have been removed and in its place is a new sectioning addressing transparency of all agreements between divisions and ASEA.

Events/National Standards – The agreement now clearly states that divisions have sole control over the format and process of all events and that the divisions will collaborate with ASEA to develop the National Standards. ASEA will house these standards to provide consistency.

Intermountain has recently reached out to an attorney to thoroughly review the agreement with our board during a January meeting so that we can make sure that it is written in the best interest of members who pay \$33 or \$40 to Intermountain division and \$61 to the national organization. It is important that both organizations support the member and provide services from their prospective businesses.

I hope you've been able to get to some clinics or lecture series events. Good thing we still have three more months for skiing and riding and sharing our passion for the sport with others.

Spring Clinic Lift Ticket Information

With your registration for Spring Clinic you will be able to take advantage of the discounted lift ticket price of \$44/day+tax. Friends and family can take advantage of discounted tickets - details on-line. However, if you are planning to arrive early and ski or ride four or more days then take advantage of the Frequent Sky Card. It's \$139 and includes FREE lift tickets (and other discounts too) during the week leading up to and through Spring Clinic weekend. Check online for information at:

Http://www.bigskyresort.com/activities/winter/Season_Pass-Sky_Card/Frequent_ Sky_Card.asp or get the discount rate by calling (406) 995-5749. ■

Calendar Notes

- Please check psia-i.org or aasi-i.org for updates to all discipline calendars.
- All clinics scheduled for Snowbird from April 1 on will be subject to a \$20 lift pass charge.

The Instructors EDGE

The Instructors EDGE, official publication of the Professional Ski Instructors of America Intermountain Division and the American Association of Snowboard Instructors Intermountain Division, is scheduled to be published three times a year at a nonmember subscription rate of \$15.

Opinions presented in the EDGE are those of the individual authors and do not necessarily represent the opinions or policies of the Professional Ski Instructors of America, Intermountain or the American Association of Snowboard Instructors, Intermountain. Submission of articles and photos is encouraged. Contact the editor.

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President: Christine Katzenberger Administrative V. P.: Joe Waggoner Communications V.P.: Nancy Kronthaler PSIA Board Representative: Kent Lundell Alpine Logistics Manager: Corby Egan Alpine Certification Manager: Dustin Cooper Alpine Education Manager:

Stephen Helfenbein

Snowboard Manager: Open Nordic Manager: Ann Schorling Adaptive Manager: Kristen Caldwell Children's Manager: Mark Nakada Ski School Management Committee: Stew Marsh

Current Board Members

2010-2013: Shannon Highlander, Dave Butler, Anita Oliveri, Dustin Cooper, Chris Katzenberger

2011-2014: Carl Boyer, Emma Franzeim, Sandy Sandusky, Joe Waggoner, Mary Flinn Ware

2012-2015: Nancy Kronthaler, Rich McLaughlin, Leslie Blank, Paul Franzeim, Carolyn Fushimi



Spring Clinic 2013

April 12-14, Big Sky, Montana

Visit www.springclinic.org for information.



PSIA S

one of the West's best mountains. PSIA/AASI Intermountain will once again join PSIA/AASI Northwest for our annual Spring Clinic. More information is available in this edition of The Edge.

Friday: Ski and Ride all day, No Host Reception Friday evening.

Saturday: Ski and Ride with a clinic leader, Dinner and Awards Banquet from 7:00-9:00 pm, After Party 9:00 - ?

Sunday: Ski and Ride all day.



Silent Auction Donations

Dear Friends of the Snow Sports Industry, we want to thank you for your generous contribution to our educational fund raiser last year at Grand Targhee Resort. Your help is greatly needed again this year when the Professional Ski Instructors of America/American Association of Snowboard Instructors—Intermountain Division will celebrate its annual Spring Clinic this April 12-14 at Big Sky, meeting

A silent auction will be held in conjunction with this event on Saturday evening, April 13. This auction helps provide continuing education events, grants and scholarships to our members throughout the year.

We are asking for items that can be included in this silent auction to raise funds for the educational arm of our organization. PSIA/AASI Intermountain is a 501 (c) (6) corporation dedi-

cated to the education, certification and excellence of the snowsports experience for members, snowsports schools and the public; donations and gifts for the silent auction are tax deductible only to the extent allowable by the Internal Revenue Service.

In order to make this year's auction a success, we rely on the sponsorship participation from corporations, organizations and individuals. We would greatly appreciate any gift you feel appropriate. This gift could be a retail item, a service, gift certificate, or just about anything.

In return for your generous gift, your sponsorship will be highlighted on our website, in our newsletter *The Instructors Edge*, the Spring Clinic program, and listed on the item(s) at the auction table. In addition to this recognition, your product will receive expo-

sure to over 500 elite members of the snow sports industry from Utah, Wyoming and Idaho. Donation forms and information are available through the division office. Your donations may be mailed or you may call to arrange for pick up. We hope to have all donations by Monday, April 1. Your generosity is greatly appreciated by PSIA/AASI-Intermountain.

If you have any questions, please give the PSIA/AASI – Intermountain office a call and they will be happy to help with additional information. You may contact them by telephone at 801-942-2066 or email at admin@psia-i.org.

Thank you for your support and for helping us achieve success in snow sports education.—Christine Katzenberger, president, PSIA/AASI – Intermountain



Seeking Board Members

Please consider and encourage others to run for the PSIA/AASI – Intermountain Board of Directors. This is a great opportunity to serve other members and the division. Requirements for the board include personal attendance to three meetings per year. These are tentatively scheduled for May, September and January. We also ask board members to write an article for at least one of the three issue's of The Edge newsletter.

Every board member has obligations to be involved in events. We ask that you attend and be available for major functions like Ed College General Membership meetings, Spring Clinic and various other activities that need board representation.

We hope that you choose to run. This is a fantastic opportunity to represent your peers by serving on the PSIA/AASI – Intermountain board. Nominations/applications are due in the Division office by Wednesday, February 15, 2013.

Any certified member (Level 1, Level 2, or Level 3) in good standing who is either employed by a snowsport school within a region whose seat is up for election in this cycle, or who wishes to run for an at-large seat is eligible to run and, if elected, serve.

Please submit a passport photo, a letter of interest and intent with five signatures from PSIA/AASI-Intermountain members in good standing. Ballots will be mailed out to current members by the end of February, with ballots due back in the office by March 15.

The opening Board positions are: Region III: Snowbasin, Powder Mountain, Wolf Creek Region IV: Eagle Point, Brian Head Three (3) Member-At-Large Seats



Communication Report

By Nancy Kronthaler, PSIA-I/AASI-I Communications V.P.

Dear Members: As the season progresses, the amount of snowfall becomes less of a concern. Basically, we learn to accept what is given to us – luckily the areas have invested in state of the art snowmaking and have put much emphasis on creating a summer business to sup-

plement their revenue. With this said, there is no one in the industry that doesn't long for one of those old fashioned winters! Hopefully, by the time you are reading this, my Christmas wish will have come true.

This season the division has provided its members with a variety of educational and certification opportunities in all disciplines. We encourage you to take the time to review the calendar online and take part in our events. Not only will it improve your skiing and riding skills, but it will also prepare you for the certification process. Participation in these events can enhance your teaching methods with new ideas and allow you to reacquaint yourself with people in the industry and make new friends. It also provides you the opportunity to ski different terrain at ski areas you have not had a chance to visit.

This season, Spring Clinic will be at Big Sky, Montana in conjunction with PSIA/AASI Northwest. This multi-discipline event gives our members an opportunity to meet and ski with instructors and clinic leaders from another division. For those of you who have not skied Big Sky, this is a wonderful opportunity to experience a whole new mountain and landscape. Our last spring clinic in Big Sky was a huge success and everyone enjoyed the opportunity.

Information for this event will be obtainable on our website: www.psia-i.org and www.springclinic.org. Along with our banquet, we will be hosting our annual silent auction. Proceeds from the auction go to our scholarship program to help members obtain their educational and certification goals. Any items you could contribute for the auction would be greatly appreciated. You can drop them off at our office.

Once again this season, we will have our Alpine race event at Snowbird, April 18-21. This event is for all levels of racers and non-racers. We especially encourage those who have never had the opportunity to participate in gate training to join as it is a great enhancement for skill development.

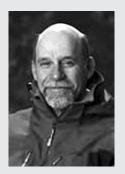
These are only two of our events, along with a multitude of others in all disciplines and our lecture series, that appear on the calendar. Hopefully, you take the opportunity to join us this season.

Our office staff has been working hard to implement online registration in conjunction with National and their CRM database. Hopefully, by spring, we will see this project finished. We have also added an opportunity for our members to advertise on our website. For more information about our advertising, please contact our webmaster, Phil Miller, at the PSIA/AASI Intermountain office.

As always, I encourage your constructive comments directed to me through the office. We are a member-driven organization and your input is important to us for the success of our division. Also please take time to vote and get to know the candidate that represents your region. Thank you for your ongoing support and dedication to your profession. —Nancy Kronthaler

INSTRUCTORS WINTER 2013





ASEA Board Report

Kent Lundell, ASEA National Board Representative

This past October brought national and divisional leaders together at Copper Mountain, Colorado. National board members, division presidents and division executive directors met for two days in a strategic planning meeting. The purpose was to work through the terms of an agree-

ment defining the roles and responsibilities of both the national organization and the nine divisions.

Our division has had a 50-year relationship with the national organization. In that relationship we both have had roles in each other's mission to deliver education and certifications with reciprocity to our members. By having nationally recognized certification you can travel with your certifications to other divisions and have them recognized. These roles have never been in any comprehensive written agreement before that I know of.

Prior to the meeting in Copper the division presidents and Eric Sheckelton, chairman of the board for National, worked together for many months. They were trying to define the roles and responsibilities of each to the other. It is very hard to get all ten parties to agree in principal. The nine divisions and one national organization needed to agree to every provision in the document they were writing. With the help of facilitator Jay Younger and the leadership of the national chairman and the nine division presidents, the parties worked on accomplishing their goal. All nine divisions in principal agreed on the agreement that was worked on in Copper. Under this agreement, each division and the national organization can rely on the other to fulfill its role of collaborating for the benefit of our common membership.

I see this Copper Mountain meeting as a successful beginning to a new chapter. It got everyone to talk and express their concerns with the national customer relationships management computer software. Over the past few months National has been working on this system and are making progress with it. Each division talked about how they are using it and how it could be improved. I would like to thank Intermountain President Chris Katzenberger for breaking the ice on this subject. I see this is as the most important step in our collaboration with National. ASEA Executive Director Mark Dorsey told the group that CRM is top priority and will be worked on and updated. Mark also told the group that he has a directive by the national board of directors to make this system work.

The national organization intends to host an annual gathering of education and certification leaders to continue the development and implementation the Strategic Education Plan. In the future, National will meet with the division presidents each year. This face-to-face meeting is very important to discuss the relationship we have with each other and how we can work together.

Having the divisions' and national roles and responsibilities stated in an agreement should help in servicing our collective membership.

On January 12 the Intermountain board voted against passage of the national agreement as written. The division is looking into some changes to the agreement presented by National. Hopefully, this agreement will be massaged to benefit all parties and will pass in the future.— **Kent Lundell**

Snowboard

Members

By Rich McLaughlin

Please let me introduce myself, my name is Rich McLaughlin I am a member of the Intermountain Board of Directors. I am also a DECL for AASI and have been teaching and riding for about 23 years.

It has been brought to my attention that we need to discuss the importance of signing up for any event two weeks out. When we reach the two-week deadline, we decide whether or not to cancel the event based on participation. As all of our divisional staff are full time instructors and managers, it's not fair to them to take time off for AASI if the event if going to cancel. For the same reason, we also put a cap on the events so that we don't get too many participants in the events. If at two weeks we know that there are a lot of people on the wait list for an event, we will try to add more staff to accommodate an additional group. But we need some lead time to make these decisions.

As many of you know, many events are being canceled because the numbers at the two week deadline are not met or in favor of an event actually running. The board of directors a few years ago lowered the number of required participants to four so that we could let events run without losing money. We are still a nonprofit organization. This being said we make just enough to cover expenses and payroll. Four participants is the magic number for this to happen.

What this means for you as a member of AASI Intermountain is that you cannot afford to miss the TWO WEEK deadline. For one, the policy is to tack on an additional \$20 dollars for late

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Adventures in **Bags** of **Tricks**

By Kris Cummings

I met George during last April's Bag of Tricks clinic at Grand Targhee's Spring Fling. I learned a lot that helped me but missed the teaching part when I was so focused on trying just to ski. On the last run everyone was cheering me down the hill. I had learned to finish short radius turns with my big ACL knee brace on—a skill that had been impossible to complete all season. George gave me hope I could ski again and the fear went away.

Teaching kids is my passion and I always want to learn more.

Returning to Kelly Canyon in January to teach my local kids, George was having a clinic the next day. Bingo, how can I get in this clinic? I had missed my afternoon Bag of Tricks training at Jackson Hole Mountain Resort by skiing too hard in the powder that morning. Didn't want to miss this one. Teaching kids is my passion and I always want to learn more.

This is the clinic I needed. I was in heaven. It built my confidence up sky high.

George made each of us think of a fruit (grape), then the color of our fruit (purple), taking the fruit colors down the mountain. Changing down to different skills at each stop. He had us spreading our colors all over the mountain. He got everyone involved, skiing without thinking where we were or what we were doing. Using the whole slope to change our conditions. Mixing up Stepping Stones with our fruit colors. Wow what a great class. Our skiing and teaching improved in search of the sunshine.

We had to think of our favorite



Children's Corner

By Mark Nakada, PSIA-I/AASI-I Children's Manager

Aloha! I hope you had a great holiday season! Children's Program updates:

The National Children's Task Force (NCTF) met at the ASEA Fall Conference at Copper Mountain to solidify the process of blending the Children's Specialist

Standards and Workbooks across all divisions. The face-to-face meetings allowed the NCTF:

- ◆ To further clarify the Standards' language to provide consistency in the document's use
- ◆ To firm up the test bank of questions for the Workbooks including the core questions to be used across all divisions
- ◆ To develop an online survey that could be sent to new participants in the program
- ◆ To discuss future Children's Snowsports education initiatives

All CS materials have been updated – including the CS 1 and CS 2 Workbooks and the "Intermountain Division Addendum to the CS National Standards." To conform with the updated Standards, only *current* (2012/13) materials will be accepted at our events. You can download the materials at www.psia-i.org.

For your information:

What do I do, if I already have an Accredited/Advanced Children's Educator (ACE) certificate? Your ACE – now Children's Specialist 1 and 2 credentials are nationally recognized across all divisions. For those professionals that have their ACE 3 certificate, that certificate is still recognized within Intermountain division.

What do I do, if I have an international children's certificate/accreditation? Please contact the Office for more details.

If you're looking to add to your library, we have a number of manuals and handbooks available for sale, including the updated PSIA/AASI Children's Manual. Please contact the Office for more details.

Thanks for your support. We look forward to seeing you at one of our events this year.

teaching game to share with the others in the class. 360s came to my mind. Why a 360 for an older woman, I couldn't figure out. With all the training, teaching and clinics I did at JHMR in December when I put back on my teaching skis I really enjoyed a good 360. It develops weight transfer, balance and the kids love doing them too.

The class with George opened my

eyes to what your imagination can create with a class to build confidence and skills while having a lot of fun. Open yourself up to the training out there. It is amazing where it can take you.

Thanks: George, giving me hope. Bruce, getting me over the hurdle & down the fall line. –**Kris** Cummings, **JHMR/Kelly Canyon**





Alpine **Certification**

By Dustin Cooper, PSIA-I Certification Manager

With many of you looking towards the certification process, it seems fitting to review some things that will help you be more successful.

For those of you looking to the skiing element of the assessment process, it is important to remember the

role the skiing tasks play in the process. Tasks highlight skiing skills proficiency. Your skiing skills are the common threads through all of the tasks. A great way to increase skills proficiency is to practice in your everyday teaching, your students deserve the most accurate demonstrations possible.

For those of you looking to the teaching elements of the assessment process, it is important to remember accurate movement analysis will be the key to assessing how you may help a skier. This is a common problem encountered by candidates. When analyzing a skier's performance you will do best to accurately determine what will help that the skier most. If you see multiple areas for skill improvement, prioritize the needs of the student and focus. Lack of focus and a logical progression in your teaching will likely create confusion.

As you look at the Alpine page of the division website, psia-i.org, you will see some ongoing improvements. The information is being organized so members can more easily find what they are searching for along with some updated and clarified content. Please take note of the following statement, recently added to the Alpine page, when making personal equipment choices for the assessment process:

The exam process is designed to evaluate the candidate's abilities in a broad variety of activities, skill blends, terrain, and snow conditions. Considering these variables, it is recommended that candidates select gear that they are most comfortable using to be successful throughout the exam process.

Remember the home page of the division website contains updates for all disciplines. You might even find a photo of yourself participating in an event.

You may also now find us on Facebook at Intermountain Snowsports Instructors.

filling out the event registration form and faxing it in to the office or you can scan the same document to the office via email. The longest way is by mail. It will take about four days to get there! Keep in mind that faxes and scans will not be processed on Saturday or Sunday. The address is admin@psia-i.org Scanning in my opinion is the way to go. A scan/email never runs out of paper! You also use half the paper so it's even good for the environment. Look at you going green!

I can let you know as a division and nationally we are in process of getting on-line registration for everyone and we are getting closer. However, these things take time and patience for the members and lots of work behind the scene by our very busy office staff. Susan and her staff work very hard to make sure things go as smooth as they can for you at your events. Please be courteous to them!

You know going through this education and certification can be a lot of fun if you plan for it. I met many friends along the way. We succeeded and we failed, but we never gave up or looked down on the process. We can always improve what we have but to do so you have to participate in that process.

I wish you many successes and hope to see you out there.—Sincerely, Rich McLaughlin, Region 1 Board Representative

SNOWBOARD continued from 5

sign up and two, if not enough participants actually sign up, the event will be canceled.

Some ways to avoid this and help out your fellow riders, trainers and examiners, is to pay attention to the schedule. You can find it at www.aasi-i.org or www.psia-i.org. The calendar of events is at the top of the page. Another way is to plan out your winter, decide what your goals are and

set a path for them. That means setting aside money or applying for scholar-ships through the division (November deadline on this one!) Also planning for the event, such as travel expenses and buddies to carpool with can help. Hotels can be expensive, so making friends along the way can help with this endeavor too! Couches are free to surf in many places and travel costs are cheaper with more people!

Sign up for the events! At this time you can do this in three ways, first by

Intermountain **Online**

Facebook

http://www.facebook.com/pages/ Intermountain-Snowsports -Instructors/535299979831993

Twitter

http://twitter.com/psia_i

PSIA/AASI Intermountain website

http://www.psia-i.org



Movement **Analysis**

By Guillermo Avila Paz

Movement analysis for skiing is not rocket science; we don't need to reinvent the wheel over and over by using new labels or words. Trying to connect all the dots from one manual to another can be very frustrating and confusing, on how to view skiing movements (descriptive) or how to develop movements (prescriptive).

The human body has not changed in hundreds of years on how we are able to maintain balance while we are walking, running and jumping. Our bodies are continuously moving to stay in balance by using our muscles and central nervous system to keep our skeleton and joints in alignment while working with the planes of motion to manage external forces (e.g. equilibrium).

Based on all the new technology and equipment our understanding and skills are always changing our perspective of movement – how we stay in balance from turn to turn and on how we shape the turns. Now, with high speed cameras and videos, we can immediately see our performance and we are able to break down movement frame per frame, analyzing what our body is doing and the interaction between the ski and snow. Remember, you can only exit a turn as well as you enter, so understanding balance is a great starting point.

Included is the breakdown of three categories: 1) Balancing Movements 2) Turn Connection Movements 3) Turn Shaping Movements. This is a simple way for looking at how we can process and organize feedback and new information based on cause and effect. Then we set a plan of action on how to develop or teach a logical progression to facilitate change using the same 1, 2, 3 process.

This process can be used at any skiing level during individual demos or tasks and all skiing situations. Many

coaches use it to develop training programs for motor skills, understanding and development. With some adjustments this can also be used for any other snow sport discipline.

Next to each category in the Movement Analysis Worksheet is a space to put input or feedback (descriptive or prescriptive). After doing a few of these worksheets on different maneuvers and situational skiing, one will be able to see a consistent movement pattern that needs to be addressed based on cause and effect.

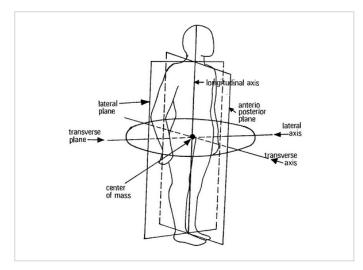


Diagram from the PSIA Teaching Concepts A.T.M. By Horst Abraham

Adaptive Assistant

By Neil Woodruff

Hello my name is Neil Woodruff and I am the new assistant Adaptive man-

ager. I have taught for the last five years in Jackson, WY. My Adaptive teaching career began around 1999 when I was introduced to Adaptive as many snowboarders were by the ski school needing persons who could lift sit-skis onto the chair. It was a steep learning curve. I liked what I was doing and wanted to improve as an Adaptive coach but there weren't many training opportunities or resources for the adaptive

snowboard instructor outside of teaching sit-ski.

At that time many wondered if snowboards were even a viable tool for teaching adaptive. My improvement was slow, but in 2004 I had a windfall; PSIA-W offered a Cog/VI Snowboard Level 1. The next year Stand-Up was

offered and the following year I traveled to Aspen to complete my L2 with a

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Movement Analysis Worksheet By Guillermo Avila Paz

1) Balancing Movements: Balancing involves the entire body to generate movements in all planes of motion in harmony to the terrain.
Fore/aft(Sagittal Plane)
Lateral side to side (Frontal Plane)
Divides the upper body and lower body (Transverse Plane)
Here are some body movements for visual cues on balancing movements A functional Athletic Stance and Aliment. Vision is forward with level arms and shoulders. Arms are away diagonally from the body. Hands and elbows in front and above the waist and below the shoulders. Longitudinal Axis rotation from the Whole Body, Upper Body or Lower Body. Extension/ Flexion movements from the ankle, knee, hip and spine. Equal shin and boot tongue contact on both ankles. Upper Body Diagonal Movements. Lower Body Diagonal Movements.
2) Turn Connecting Movements: Based on the maneuver or task analyze the direction and duration of these movements.
Balance transfers in a diagonal plane over the base of support
Balance transfers from outside ski to (neutral/both) then to the new outside ski
Simultaneous or sequential foot/leg guiding movements
Pole swing and touch complements turn connection movements.
Ski and snow contact flows with rhythm seamlessly form turn to turn
 3) Turn Shaping Movements: Based on the maneuver or task, the blending of the basic skills is deliberate, progressive and contiguous throughout the shaping face of the turn. (Slipping, Skidding Carving) Balancing Movements Athletic Stance is maintaining the Center Mass over the base of support along longitude length of the skis.
Rotational Movements Steering and guiding with rotary movements from the lower legs are preferred to use to direct the skis.
Pressure Control Movements Pressure control is managing the forces with For/Aft, Lateral and Extension/Flexion movements along the longitud length of whole the ski, to help manage the resistance and absorption of the forces from ski to ski and the terrain.
Edging Movements Angulations/Inclination are movements from the lower body or the upper body to adjust the edge angles of the ski to the snow, while managing the balanced alignment to the skis and forces.



Perspectives

Diary of a Board Member #2

By Carolyn Fushimi

I didn't submit an article after the Fall Board meeting. My mother taught me that if I can't say anything nice, don't say anything at all. She also taught me that there can be many sides to the same story and I should be careful to not jump to conclusions before I've heard all sides. I still don't know all sides of the story, but there are a few items that I find to be extremely disturbing, to the point where I doubt my ability to continue as a Board member. I feel like a big, stupid hypocrite.

In short, I feel that my national dues are being wasted:

- ◆ I heard that our national president/executive director has a \$150,000 salary and \$60,000 severance pay. This has not been confirmed, nor has it been denied. (In my first article, I was asked to not specify the \$s, but I feel that this is something the membership should know.)
- National and many divisions have hired lawyers and/or consultants in order to resolve differences re: an affiliation agreement. I've been listening to and hearing about this discussion for more than four years. Certainly, many people have invested much time and travel to try and resolve differences and they should be commended for their passion and efforts, BUT IT'S NOT WORKING, and all I can see is that my national dues have been wasted.
- For several years, attempts have been made to create a computer system to track dues and membership status, among other things. This has had trouble coming together as well.
- ◆ Just my opinion: It's no longer about the quality of the product that we can provide to the general public. It seems that we've become so impressed with ourselves that many of us have forgotten how important it is to be able to bring joy to a beginner or to a young student. I 'm presuming that kids and beginners are the majority of our clientele/\$s. I'm observing that our ed/cert national focus does not reflect that.

I will not support a dues increase of any sort until the above issues have been resolved and sadly, I've seen little to provide any hope or faith that change is imminent.

At this point, the only solution I can see is to secede from the union, have several independent divisions that meet every couple of years to exchange their ideas, successes, failures and work together to create an organization that truly

Observations of a Long-Term BOD Member

By Carl Boyer

All of us at times become frustrated with the perceived slow pace of change, especially when the issues involved are important and/or complex. Certainly the issues your Intermountain Board of Directors is grappling with are both important and complex.

Regarding the value of your membership in the national organization, one of the most important is the portability of your certification across the nation. There are a couple of documents, one on our division website www.psia-i.org - along the top banner of the home page, click on the "Membership" link, on this page's second paragraph titled "Member Benefits" click again. urge visit this document you to http://www.psia-i.org/pubs/admin/Member Benefits2010.pdf for a recent synopsis of more of the important benefits available by maintaining membership in PSIA/AASI, our national association. The national website www.thesnowpros.org also has a quick link to member benefits which has additional information. It is easy to forget the scope of benefits, and where they arise.

Our national office professional (paid) staff is governed by the volunteer leadership (PSIA/AASI Board, including Chairman of the Board) who receive no compensation. Board members are our voice in the national association. This is similar to how our Division is organized. Additionally, the chair of the Divisional Presidents Advisory Council represents the voice of all the division presidents to the national board with an ex-officio seat on the national board. I have attended nearly all the meetings of our national PSIA/AASI Board of Directors meetings since 2004, either officially representing Intermountain Division, or on my own. I can assure you that our entire national leadership (volunteer and professional) is concerned about meeting the interests of each of us with the best service balanced against the sparest achievable cost. The process is transparent; any member can attend and watch meetings.

Regarding salaries, our association has a specific, conservative compensation policy in place that keeps wages in the median for similar offerings in the Denver area for each and every paid position. Compensation is derived from salary surveys taking into account organizations of similar purpose, staff size, geography (i.e., a national organization, as well as where the office is located), and budget size. This provides a balance between keeping costs in check for the

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Perspectives



OBSERVATIONS continued from previous page

member, and providing appropriate incentive to attract and retain the talent necessary to insure efficient staffing. Our executive director/CEO has consistently met or exceeded financial goals set by the board; and has attracted outside funds (e.g., Movement Matrix grant) eclipsing his compensation. He is a *very* effective administrator, working at the discretion of the board to shepherd our association through these exceedingly difficult challenges.

The October Strategic Education Plan meeting at Copper Mountain—funded by PSIA/AASI—brought together the education and certification leadership of divisions to further the process of unifying and strengthening the value, recognition and marketability of our certifications and credentialing. The SEP is all about the quality of the product we provide the public, especially in beginning lessons, and the recognition by our industry partners of our importance in building their client base. In fact, it focuses on Level I as a key starting point for consistency. The New Snowsports Instructor Guide generated from the SEP group over this summer and posted on National's website (membership benefits) and Intermountain's website (Alpine Cert) directly addresses the much needed resources—especially to assist in-house training for new instructors. There are e-learning modules for entry level instructors available on the national website accessible for even non-member new instructors. There is a lot going on facilitated by PSIA/AASI to meet these needs.

Also attending the October Copper meeting were divisional presidents and divisional executive (paid) staff to work on an agreement specifying the respective roles and obligations of the national organization and the divisions to each other. This particular issue has been on our plate only in the last year or so. The last signed agreement dates to 1985-86, and our businesses have changed in the intervening 25-plus years! This is hard work, and of such importance that it is understandable that each party has sought counsel to insure that respective interests are considered and respected—hopefully to the extent it benefits both associations and *all* the members' interests. This may take some time to get it right, and it is our duty to our members to do so. I personally do not see this as a waste of our members dues, rather due diligence to protect members' interests.

The Association Management Software issue has been in play longer, addressing the needs of the members. Anyone who has been through such a systems change can relate that these things don't resolve themselves merely because you wish it so, nor by imposing arbitrary deadlines. It takes hard work to get through the teething pains no one can fully foresee at the outset. These will get resolved. Right now you have access to more of your own information and services than ever before: direct online access to your record of certification and educa-

tion history; online dues payment; online education resources; the Community; free access to the Movement Matrix (due to that grant) for streaming video of technical and teaching concepts. We envision online signups as soon as our division is confident all our concerns are addressed.

This last one is more fraught with challenges than you might first presume. Let me illustrate. Say you are wishing to sign up for an Alpine Level 2 teaching assessment. The system needs to recognize you, check whether you have taken the prerequisite clinic, passed your written and skiing assessments; check to see if there are slots that will be covered by available examiners so the world doesn't show up that morning with no one being aware; create a roster and a wait list if necessary, and notify the scheduler that there are more candidates than available slots if this is the case; check whether you have signed electronically the release form; securely take your payment information and generate your receipt as well as accurately track divisional/national due to/from accounting records - all before you leave the web portal. This all needs to work easily, reliably and consistently before we can commit to changing over. There is no way we could afford to create such a capability without the pooled resources of all 32,000 members and divisions' cooperation.

There are other spheres where our national organization engages with industry partners and others to advocate on your behalf, which the divisions do not undertake. A lot of these layers/services run in the background without the members being aware of the complexity behind it all. These are some of the reasons it is important to sustain both the division *and* the national association if you want to retain and build access to the type of services our members have requested and envision.

Carl Boyer is a current PSIA/AASI Board of Directors member and a former president of the division.

DIARY continued from previous page

serves our membership and our students. This might not work, either, but at least I'll see my dues going someplace besides into ridiculous salaries that accomplish little good for my students and staff.

I will not be at the upcoming winter Board meeting, but I will attend the spring meeting, after which I hope to decide whether or not to continue my term.— Carolyn Fushimi is a current PSIA/AASI Intermountain board of directors member.

Need a Hard Copy?

Members who do not need a hard copy of the newsletter or those who may receive duplicates should notify the office. Copies of the Edge are also posted to the website.





Spring Clinic at Big Sky

This year we will again be joining PSIA/AASI Northwest for our Annual Spring Clinic at Big Sky, Montana. It seems like a long way off but it's not ... take advantage of early season deals! Looking forward to sliding with friends from Northwest, April 12-14, 2013. (More information is available at psia-i.org or aasi-i.org.)

Big Sky Lodging reservations (800) 548-4486. (Make sure you mention you are a PSIA member when making reservations.)

HUNTLEY LODGE

Guests per room:		1	2	3	4	5	6
First Class	(2 – 4 guests)	\$104	\$119	\$144	\$169		
Deluxe	(2 – 4 guests)	\$114	\$129	\$154	\$179		
Loft	(2 – 4 guests)	\$158	\$158	\$183	\$208	\$233	\$258

SHOSHONE CONDOMINIUMS

1-Bedroom	(4 guests)	\$208			
1-Bedroom Loft	(6 guests)	\$298			

SUMMIT AT BIG SKY

Guests per room:		1	2	3	4	5	6
Studio	(1 – 2 guests)	\$136	\$161				
Hotel	(2 – 4 guests)	\$157	\$182	\$207	\$232		
1-bedroom	(2 – 6 guests)	\$317					
2-bedroom	(4 – 8 guests)	\$420					
3-bedroom	(6 – 10 guests)	\$585					

STILLWATER CONOMINIUMS

Studio	(1 – 2 guests)	\$114			
1-bedroom	(2 – 6 guests)	\$151			
1-bedroom Loft	(2 – 4 guests)	\$202			
2-bedroom	(2 – 6 guests)	\$211			

BIG HORN CONDOMINIUMS

	2-bedroom	(2 – 6 guests)	\$193			
ſ	3-bedroom	(4 – 8 guests)	\$287			

VILLAGE CENTER

Studio	(1 – 2 guests)	\$128	\$153		
Studio Slopeside	(1 – 2 guests)	\$143	\$168		
1-bedroom	(2 – 6 guests)	\$286			
2-bedroom	(2 – 6 guests)	\$379			
3-bedroom	(4 – 8 guests)	\$532			

ASSISTANT continued from 8

Sit-Down module in Rocky Mountain. In 2007 the first L3 Snowboard Adaptive exam was held in Mammoth, Ca. I began examining soon after. Since then I have conducted numerous Level 1 and 2 exams as well as divisional clinics and outreach style resort trainings. In 2010, after several years of planning, I was the instructor for snowboard techniques and assists at the first Spanish Snowboard Adaptive course at the Sierra Nevada Resort outside Granada. This event was a multi-week course with 23 snowboard candidates graduating and taking the techniques standup, sit-down, and VI/cog back to their home resorts as trainers.

I would like to thank all the great mentors that have helped me and hope that I can be a facilitator to help create a more stream lined and transparent process for the future. I believe that Snowboard Adaptive will flourish in Intermountain and that with increased awareness the demand will grow. Our goal for this year is to create a definitive path to certification for Adaptive Snowboard that will keep us in line with the new national standards while keeping the Intermountain character, and help further the educational process and awareness of our Adaptive membership. A revision of Snowboard Adaptive information is in the works and should be on the website by mid-February. I invite you to check out what we are doing and if there are any questions to contact me.

Thanks, and I look forward to working together to help nurture the program.—Neil

Advertise

Advertise products and services in the Edge and online at psia-i.org/aasi-i.org. Rates are available online.



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Start 2013 Sprin	ıg Clinic (@ Big Sky	y Event Application
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Participant Information	update my records with this info	
		NOTE: choose discipline for this event only (NOT your certifications)
Name	Member #	□ Alpine □ Snowboard □ Telemark □ Adaptive □ Nordi
Email Address	Snowsports School	Your certification Level(s) - i.e. A3, SB3, etc
Mailing Address	City	State Zip
Primary Contact Tel #	Secondary Contact Tel #	
ognizing that skiing/boarding can be a hazardo ir agents and employees and contractors from li nt for which this application is made. Applicant	us sport, I hereby RELEASE AND FOREVER DISCH ability for any and all injuries of whatever natur hereby relinquishes and assigns to PSIA-NW, PN	TO AVOID A LATE FEE, REGISTRATION IS REQUIRED BY APRIL 1, 2013. If space is available, you will be assessed a \$25 late fee. If you are injured and are unable to attend the event, we will deduct a \$25 administration fee from your refund. REFUNDS REQUIRE A NOTE FROM YOUR MEDICAL PROVIDER. Payment Details Payments SEND BY MAIL - PAY BY CHECK OR CREDIT CARD Mail completed application to: PSIA/AASI-I, 7105 So. Highland Drive, #201, S.L.C., UT 84121 SEND BY FAX - PAY BY CREDIT CARD Fax completed applications to 801-942-7837 QUESTIONS? CALL OR EMAIL: Phone 801-942-2066, email admin@psia-i.org attending any PSIA/AASI-I event): IARGE PSIA-NW, PNSIA-EF, PSIA-I, ASEA, the host area as a carrising during or in connection with the conduct of the VSIA-EF and PSIA-I all rights to the use of Applicants nature raining Applicants participation in said Event. Date VE IN PAYMENT DETAILS BOX.
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FRIDAY Your <u>FREE</u> ski and ride day (lift tickets not included). Groups in less formal settings with a variety of clinicians available! You must be registered for Symposium to attend and sign up in advance to take advantage of this free day!

Saturday, April 13 th - Clinic Topics run 9-3	Sunday, April 14 th - Clinic Topics run 9-3	
Select your Saturday topics from the list below (Please mark your 1st and 2nd choice)	Select your Sunday topics from the list below (Please mark your 1st and 2nd choice)	
Adaptive Clinic Topics for Saturday		
Intro to Adaptive		
Alpine Clinic Topics for Saturday	Alpine Clinic Topics for Sunday	
All Mountain Skiing	All Mountain Skiing	
Beyond Level III	Beyond Level III	
Challenge Your Concepts	Challenge Your Concepts	
Childrens Real vs. Ideal Movements	Childrens Real vs. Ideal Movements	
Drills for Skills	Drills for Skills	
How to be Offensive	How to be Offensive	
Legends	Legends	
Freestyle	Freestyle	
Shake and Bake	Shake and Bake	
Hey Girly	Hey Girly	
Movement Analysis Practice	Movement Analysis Practice	
Philosophy & Tactics of Big Mountain Skiing	Philosophy & Tactics of Big Mountain Skiing	
Small Bumps or Big Bumps	Small Bumps or Big Bumps	
Tactics for the Senior Skier	Tactics for the Senior Skier	
Teaching with a Focus	Teaching with a Focus	
Tip to Tail	Tip to Tail	
The Balance Enigma	The Balance Enigma	
The Eyes Have It	The Eyes Have It	
The Games We Play (when teaching kids)	The Games We Play (when teaching kids)	
Tryout Tasks	Tryout Tasks	
U B 30	U B 30	
Snowboard Clinic Topics for Saturday	Snowboard Clinic Topics for Sunday	
Big Mountain Riding	Big Mountain Riding	
Low-Fly or High-Fly Freestyle	Low-Fly or High-Fly Freestyle	
Hey Girly	Hey Girly	
Trench it Out	Trench it Out	
Telemark Clinic Topics for Saturday	Telemark Clinic Topics for Sunday	
Freeheel Fest	Movement Analysis	
Movement Analysis	Tele for All	
Family Clinic Saturday	Family Clinic Sunday	
Tour the Hill (13 and up)	Tour the Hill (13 and up)	

Symposium Sessions Topics

Below are the session topics for this year's event. Be sure to complete the Session Topic selection portion of your Event Application.

ADAPTIVE CLINIC TOPICS

Intro to Adaptive — Come nd out what it is about. This introduction will provide you a basic foundation of information as to what is adaptive and opens the door for you begin to working with this client. Saturday only.

ALPINE CLINIC TOPICS

All Mountain Skiing – Challenge your skiing with a mountain tour de jour. Learn tactics and technique to ski a variety of terrain on Big Sky's mountain.

Beyond Level III – You've been a Level III for a while, by now you've heard it all and seen a lot more. What's left you say? Come and nd out. Your goals are different, you've got the pin, not interested in any tryout but still have the desire and passion to continue to learn, teach and inspire.

Challenge Your Concepts – This clinic will focus on developing awareness of sensations, thoughts and visual cues to aid in the development of more efacient movements that can be applied on any condition or terrain. Expand your concepts of skiing by looking at equipment, mental challenges and physical movements.

Children's Real vs. Ideal Movements – Add to you bag of tricks and explore, learn and share experiences about how to play in a kid's world of real vs. ideal movements.

Drills for Skills – Come 'drill down' to see how the various use of drills effectively develops movement patterns. You'll spend time applying the drills and their tactical application in varying terrain and conditions to better enhance your edging, rotary, and pressure movements and increase balance.

How to be Offensive – Bring the mountain to its knees; don't be the passenger be the driver. Take command of your skiing, be it from wedge turns to that 'sick' line through the bumps or the trees. Don't keep saying 'move down the hill', learn and feel what it's all about.

Legends – Ski with a legend for a fun day designed for skiers of all ages. Listen as they remind us of how far we have come and let them show you a thing or two as well!

Freestyle – Come and explore the park, learn what a park rat is, how you would approach various feature, what they are called, etc. Don't be intimidated by the topic, this is the time to try it on for size. The group(s) may be a mix of skiers and snowboarders, depending on sign ups.

Shake and Bake – It's all about the blending of the skills. This clinic will work to improve your skiing performance and understanding of the application of the skills concepts, efacient movements and the blending therein. Skill blending is a great prep for your Level II or Level III skiing exam.

Hey Girly – Taught by top female clinicians. It's fun to ski with the girls and not always worry about keeping up with the boys. Come work on your personal skill development while enjoying the pacing and camaraderie found when skiing with this women's only group.

Movement Analysis Practice – Guided by a seasoned veteran of the craft, you and your group will practice the keys to accurate and objective analysis.

Philosophy and Tactics of Big Mountain Skiing – What is "Big Mt. Skiing?" Why is different from "normal" skiing? How do I do it? Come Ind out!

Small Bumps or Big Bumps – For skiers who have limited experience with the bumps or are accomplished bump skiers wishing to hone their skills with an aggressive group of skiers. Appropriate group splits will be made at the event. Clinics will focus on the technique and tactics of skiing bumps on terrain appropriate to the group's level.

Tactics for the Senior Skier – Low impact alternatives when working with the senior client for skiing a wide variety of terrain. This clinic will focus on various strategies and tactics for this demographic to ski more with less fatigue.

Teaching With a Focus – Focused teaching is where you want to be and your client needs you to be. This clinic will help the participant identify and describe, with precision and accuracy using the Teaching Cycle, skill blends and movement patterns in skiers of all ages and abilities in varied skiing tasks, snow conditions and terrain options.

Tip to Tail – Your tracks will tell the tale. This clinic will explore the art of carving in a safe and fun atmosphere. Learn to ski clean, ef@cient turns, tip to tail while exploring the hill.

The Balance Enigma – So you thought you were in balance...what is balance, when are you in balance, how do you enhance balance, how do you identify balance? This and many other questions will be addressed as you work through different drills to feel where and when you are in balance and what to do when you aren't.

The 'Eyes' Have It – Don't cast your ballot or be satisded with only the effect. Make your vote count for identifying the root cause. In this movement analysis clinic you will learn to differentiate between cause and effect by developing your eye to unveil the cause.

The Games We Play (when teaching kids) – Using the "The Children's Skiing Games Reference" and "The Children's Snowboarding Games Reference" manuals we will put together some great new game ideas that help you teach with a purpose but make it fun at the same time!

Tryout Tasks – Are you a Level 3 Ski Instructor and planning on participating in a tryout sometime soon? We will practice and learn the secrets of the tasks and scenarios common to tryout situations. Walk away from this day feeling ready to nail it.

U B 30 – You need to be 30 or under to hang with this group. Without the older dudes you will explore the mountain with your peers and work on skill improvement, tactical choices for given situations and understanding the how and why.

SNOWBOARD CLINIC TOPICS

Big Mountain Riding – Challenge your riding with an upper mountain tour de jour. Learn tactics and technique to ride a variety of terrain in the mountain environment.

Low-Fly or High-Fly Freestyle – Come Ind out what the park is all about or push your skills to the next level. Groups will be split based on ability and comfort levels. The group(s) may be a mix of skiers and snowboarders, depending on sign ups.

Hey Girly – Taught by top female clinicians. It's fun to ride with the girls and not always worry about embarrassing the boys because you outride them. Come work on your personal skill development while enjoying the pacing and camaraderie and found when riding with this girl's only group.

Trench it Out – Get your corduroy carving legs ready and come rip it up. This clinic will explore the art of carving in a safe and fun atmosphere. Learn to ride clean, efacient turns while exploring the conditions of the day.

TELEMARK CLINIC TOPICS

Freeheel Fest – Take the latest movement patterns from the national level and work to develop your skills to maximize your efficiency. Expect an all mountain clinic with the objective of maximizing your versatility with modern equipment in the conditions of the day. Saturday only.

Movement Analysis – This clinic will cover cause and effect and help you in your movement analysis skills to and the root cause of what you are seeing in your student's skiing.

Tele For All – An introduction to telemark with a twist. It will emphasize a progression that takes full advantage of the skills already honed in efacient alpine skiing to enjoy the telemark experience. Take the latest movement patterns from the national level and work to develop your skills to maximize your efaciency. For new and cross-over tele'ers. Sunday only.

FAMILY INFORMATION

Tour the Hill – Join us for a tour of Big Sky and a lot of fun. We'll cruise around the hill and familiarize you with the runs you're comfortable on. For ages 13 and up; must be able to navigate easy blue terrain. Available Saturday and/or Sunday.

Big Sky SnowSports School – Big Sky Snowsports School – They are offering family members 30% off lessons, please call 800.548.4486.

Childcare is also available at the Lone Peak Playhouse, located at the base of Big Sky resort in the Snowsports School building. Reservations are strongly recommended, please call 406–995–5847 or email lonepeak-playhous@aol.com



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We Need Your Help!

The Scholarship Fund is running low and needs a refill.

Our biggest contribution comes from the Silent Auction at our annual Spring Clinic. This is a great opportunity to help our members to get monetary help for educational clinics.

You can help by finding items for the auction. Jewelry, sporting goods, even canoes or bicycles are welcome. This auction will be held at Big Sky, MT April 13 prior to the Saturday night Honoree and Award Banquet.

Put the thinking cap on, check with your friends and local stores for donations. We will have Northern Intermountain and Northwest Divisions bidding too, so the more we have the more we'll make.

Please contact the division office for information on how to donate and join us at Spring Clinic!

Silent Auction at Spring Clinic!

